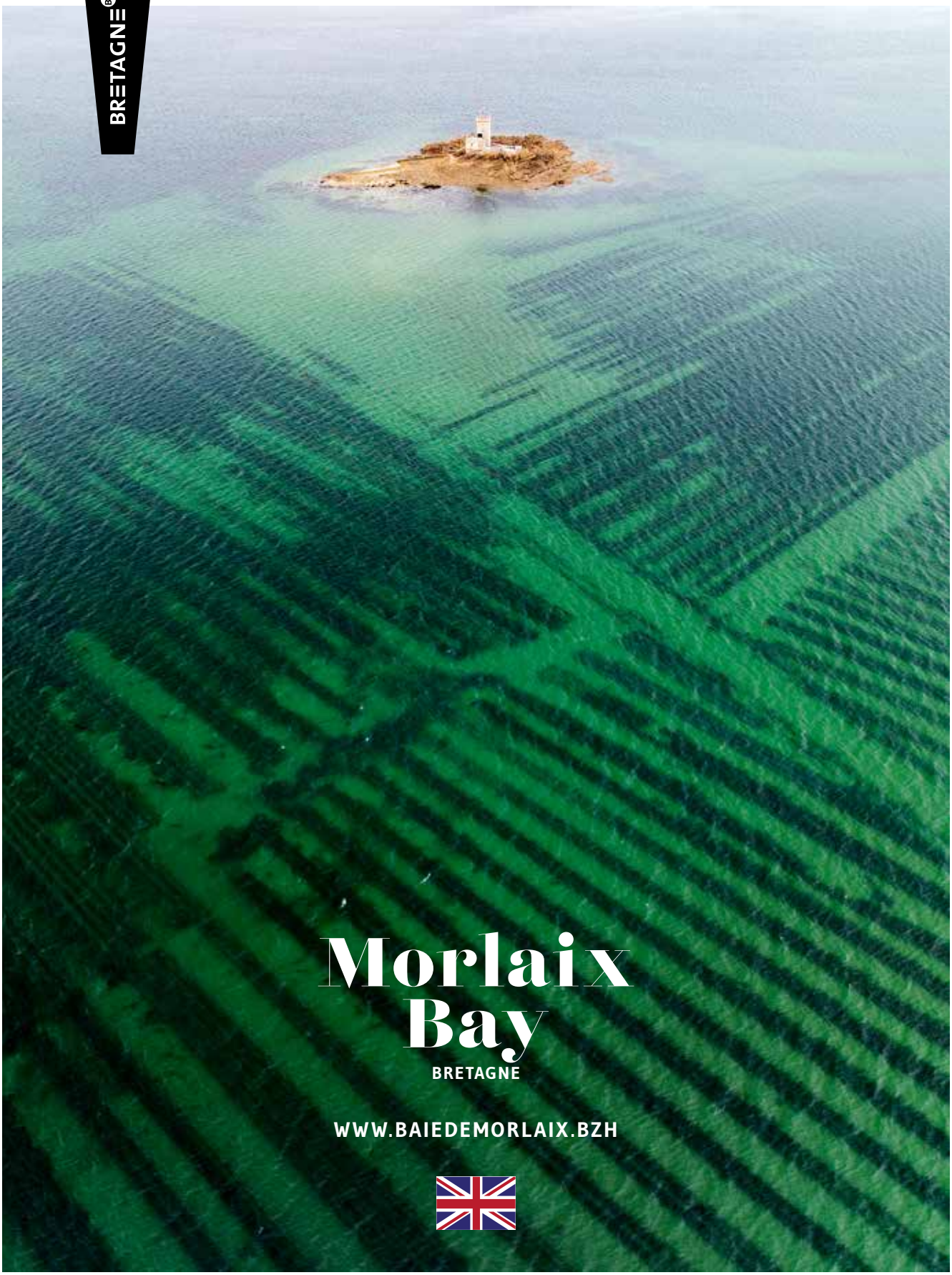

BRETAGNE
Morlaix
Bay
BRETAGNE
WWW.BAIEDEMORLAIX.BZH

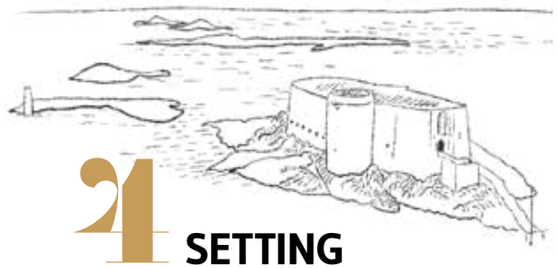
Demat !

Bonjour !
Hello!

With its spectacular landscapes and panoramic views over infinitely beautiful stretches of land, you'll immediately feel welcome when you arrive Morlaix Bay. Committed to protecting the environment, the region is full of ideas for nature-friendly activities and practices to help you discover the destination without any ecological impact. Travelling solo, as a couple, with family or friends, prepare to be pleasantly surprised. This travel guide is here to help you throughout your stay.

BAIE DE MORLAIX
#PLOUGASNOU #LOCQUIREC #MONTSDARREE
#CARANTEC #MORLAIX BRETAGNE

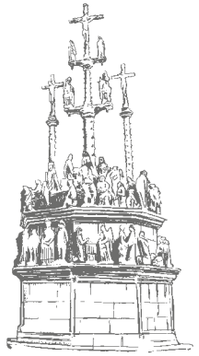
Over-view



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DIVE INTO THE ATMOSPHERE – P. 6

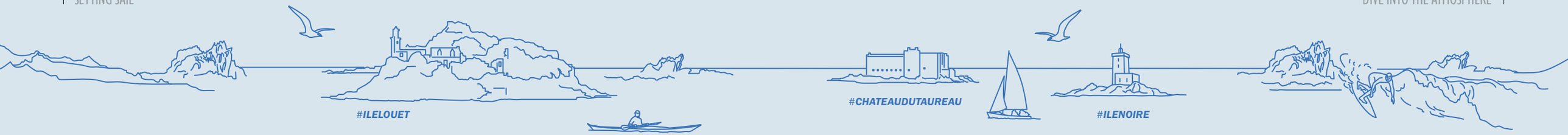


SHELLFISH AND CRUSTACEANS – P. 8



A WIND OF FREEDOM – P. 19

setting SAIL



Dive
INTO THE ATMOSPHERE

Dive into this vast bay dotted with rocky islets, picturesque islands and villages with an exotic feel. Get away from it all in an authentic and welcoming part of Brittany! Here, the Bay hugs the sea from all sides, as if to embrace you in its generous arms.



Carantec
A CORNER OF PARADISE

Set on a rocky promontory overlooking Morlaix Bay, Carantec is dotted with beautiful beachfront villas dating from the turn of the century, facing the islands and all their treasures.
Play at being a castaway by renting the lighthouse keeper's house on Louët Island, or lock yourself away in the local Alcatraz that is Château du Taureau; enjoy the serenity of the listed chapel on Île Callot, a tiny island that you can walk to at low tide then fall for the charms of Carantec's rich heritage. Sandy beaches, protected islets, intimate coves and breathtaking views paint the picture of a welcoming resort that is lulled by the rhythm of the tides.

14 km of coastal path | **10** beaches



ÎLE LOUËT



CHÂTEAU DU TAUREAU



Plougasnou
WITH THE SEA AS ITS HORIZON

Like its iconic, windswept cabin that once sheltered the customs officers, Plougasnou and its 23-kilometre coastline are resolutely turned to the open sea. This 'World's-End' location boasts panoramas that take your breath away: jagged outlines, the unmissable Primel coastal point, creeks of crashing waves, and a backdrop of maritime horizons that merge with the sky. Within this spectacular setting stands a proud silhouette, the guardian of the channel: the Château du Taureau fortress perched on its rocky islet, which can only be approached by the sea. Those who prefer to lounge and unwind will love Plougasnou's seven beaches, while the more active visitors will love its nature activities.

23 km of coastal path | **7** beaches



BARNENEZ BURIAL MOUND



ÎLE NOIRE

CHÂTEAU DU TAUREAU AND GRAND CAIRN DE BARNÉNEZ PLOUEZOC'H

EN VENTE DANS NOS OFFICES

Unmissable heritage

CHÂTEAU DU TAUREAU
From the moment you board the boat in Carantec or Plougasnou, the adventure begins! The imposing silhouette of the fortress rises above the surrounding waves. Brittany's answer to Alcatraz has watched over Morlax Bay since the 1500s. French architect Vauban made his mark here, turning it into a defensive outpost to fight off British attacks. It's a must-see site!
→ SEE P.19 FOR PRACTICAL INFO

BARNENEZ BURIAL MOUND
Exploring the Cairn de Barnenez is a larger-than-life, stone-age experience. An enormous structure 75 metres long, 20 to 25 metres wide and originally 9 metres tall, this cairn is one of Europe's earliest traces of construction with long-lasting materials. Older than the pyramids of Egypt, this burial mound dates from between 4500 BC and 3500 BC, a time when polished stone first appeared in Europe, along with rearing livestock and growing crops. Its long corridors lead to chambers that are believed to have been spaces for initiation or funerals.







Locquirec
WHERE THE LIVING IS EASY

Picture waters of a dazzling blue-green that the Bretons call 'Glaz', and a lush peninsula sheltering a charming coastal resort where life is just easy. Here, you can sit on a terrace to gaze at the sea and the bobbing sailboats, drinking in the calm atmosphere and quiet elegance. Locquirec also offers fine sandy beaches and secret coves, or you can try your hand at surfing or windsurfing. If you enjoy walking, the coastal path awaits, or you can grab some wellies and a bucket to go shellfish hunting on the foreshore. There's no doubt about it, Locquirec is a wonderful spot in which to experience 'la dolce vita' in Breton style!

10 km of coastal path | **9** beaches



SURFING



DISCOVER SEAWEED

RECIPES

STUFFED CLAMS

A must
from the day's catch!

INGREDIENTS
Clams, butter, garlic, parsley, pepper

1. Open the raw clams and drain them on kitchen paper.

2. Prepare the stuffing by mixing the butter, garlic, pepper and chopped parsley.

3. Stuff the clams with the filling, making sure you flatten the butter.

4. Place them under the grill or in a very hot oven for a few minutes - just long enough that the butter melts and begins to turn golden.

5. Enjoy!

Chef's tip
For best results, always place your shellfish in cold seawater (or salted water) for a few hours before you cook them.

Shellfish and crustaceans

After shellfish-hunting on the sand, between the rocks and the seaweed, what a pleasure it is to savour the prawns, periwinkles or cockles caught that very day! Morlaix Bay is a great place to track down ur own shellfish, but be sure to respect the regulations and always keep an eye on the weather and the rising tide.





COMPTOIR MARITIME

The earth's last place of freedom is the sea! That's the motto of Comptoir Maritime, a brand that offers a broad range of nautical and fishing gear, plus fashion lines, marine clothing and home decoration. From practical items for nautical activities to gifts and holiday souvenirs, you'll find what you're looking for in our four shops in Morlaix Bay.

Carantec
1 rue Albert Louppe
T +33 (0)2 98 67 01 85
coop.carantec@orange.fr

Plougasnou
Primel Le Diben
T +33 (0)2 98 72 31 57
coop.primel@orange.fr

Roscoff
• **Water sports**
Port de Plaisance du Bloscon
T +33 (0)2 98 69 70 47
comptoir.bloscon@orange.fr

• **Clothing**
Quai d'Auxerre
T +33 (0)2 98 19 33 96
cooptextileroscoff@orange.fr



KIT FOR

SHELLFISH-HUNTING



You'll need a ruler to check minimum sizes for shellfish.

A FISHING NET, A BASKET, A RAKE, WELLIES, SUNGLASSES, A SUNHAT AND SUNCREAM!



L'ÎLE AUX DAMES

Explore a world of warm and on-trend pieces, including luxury swimwear brands like Pain de sucre and DnuD, items for the beach or long summer evenings, elegant seaside decor, chic garments and enviable accessories: your only worry will be what to resist!

Open April to September
23 rue de l'église – **Locquirec**
T +33 (0)6 84 79 42 65



ARMOR LUX

This is the must-have Breton brand inspired by iconic stripes and the colours of the sea.
Armor-Lux Morlaix offers items for all the family, from coats and sailor sweaters to classic striped T-shirts and welly boots. Come and discover the collection in our shop!

Open Monday 2pm-7pm /
Tues to Sat 9.30am-12.30pm & 1.30-7pm.
Open all day in summer.
14 rue d'Aiguillon – 29600 **Morlaix**

TOP 5

FRENCH BEACH BOOKS

The books listed here are either written by a Breton author or set in the Bay of Morlaix.

1. Pour les plus jeunes :
Lomic, roi de la Baie de Morlaix de J. Thomas et B. Seveno, BD de la série Vick et Vicky, *Complot au Château du Taureau* de B. Bertin, *Hope à la mer* et *Hope et les papillons* de Marion Quéré.

2. La trilogie de Colette Vlérick sur Morlaix autour de la Manufacture des tabacs, une saga historique familiale : *L'herbe à la reine*, *Les mains de Gabrielle* et *Trois ronds de fumée*.

3. À lire sur la plage, les romans policiers de M. Courat : *Masque de terreur à Lanmeur*, *Ça meurt sec à Locquirec*. *Les Amies* de N. Le Blevennec. *Au pied du grand Cairn, la quête du cuivre* de Armel Le Sec'h.

4. Un peu d'humour avec
Les Bretonnismes de H. Lossec et les ouvrages de Tramber *La marée était en noir*.

5. Au rayon des Beaux livres :
Une Bretagne par les contours aquarelles des côtes bretonnes par Y. Le Sacher, *L'école de voile du Château du Taureau, souvenirs salés* de Xavier Marchal.

You can find these books at our partner booksellers.

TIDE TIMES 2026

Tide times are available for free from our Tourist Offices and you can also download them from our website: www.baiedemorlaix.bzh (see the 'brochures' section).

































CARANTEC'S SHOPS AND BOUTIQUES

1. L'ÎLE AUX DAMES
Clothing, décor
1 rue du maréchal Foch
06 76 71 16 01

2. L'ADRESSE COIFFURE
Hair salon
4 Rue du maréchal Foch
02 98 67 00 40

3. COMPTOIR DE LA MER
Clothing, fishing gear, water sports, food
1 rue Albert Louppe
02 98 67 01 85

4. GALERIE DIFFÉRENCE
Arts and crafts
1 place de la République
06 72 73 43 05

5. LA PASSERELLE
Clothing, décor
10 rue Albert Louppe
06 82 68 89 68

6. LA PASSE AUX MOUTONS
Laundry and concierge service
41 rue Pasteur
06 22 43 26 54

7. DOUCE VAGUE
Beauty institute et spa
10 rue du maréchal Foch
02 98 61 53 24

8. CHEZ SYLVAIN
Butcher's, delicatessen
8 rue Pasteur
02 56 19 13 64

9. MAISON NOCHEZ
Bakery, patisserie
19 rue Albert Louppe
02 98 78 33 22

10. HO'PENN BAR
Bar
34 rue Pasteur
02 98 24 76 72

Drinking too much alcohol can seriously damage your health; please drink responsibly.

11. UN VIN DES VINS
Wine cellar, delicatessen
9 rue du Pilote Tremintin
02 98 78 25 67

12. COCCI MARKET – CHEZ MATTHIEU
Grocer's, minimart
2 rue Albert Louppe
02 98 67 03 47

13. BOULANGERIE POULIQUEN
Bakery, patisserie, tearoom
8 place de la Libération
02 98 67 01 76

14. LA BRASSERIE GRAPHIQUE
Bistro et art gallery
2 rue du Kelenn
02 98 29 92 56

15. STÉPHANE GIRAUD
Bakery, patisserie, chocolates, tearoom
7 rue Pasteur
02 98 67 01 72

16. LE BAR DES SPORTS
Bistro, Carantec HQ
6 place de la Libération
09 86 38 86 76

Ocean flavours

Do you fancy trying your first oyster in Morlaix Bay? It's a unique tasting experience so don't miss out! Thin and hollow, the Morlaix-Penzé oyster has a distinct flavour with a strong character, produced in the Bay on the Morlaix and Penzé rivers, and you can buy directly from oyster farmers in Le Dourduff-en-mer, Térénez and Carantec. The fishmongers and market stalls sell fresh seasonal fish from Morlaix Bay all year round, including pollack and sea bass. One of the best ways to enjoy a meal with friends is barbecued mackerel with herbs and coarse sea salt. Give it a try!



OYSTER FARMER

As an oyster farmer in Morlaix Bay, my production is sold directly all year round at regional markets and through my site in Dourduff en Mer. The natural oysters are 100% Breton and benefit from a freshwater/seawater blend giving them a unique flavour that's particularly iodised. They have won 3 gold medals and a prize for excellence at the Concours Général Agricole in Paris. Depending on the season, you'll also find flat oysters, farmed 'bouchot' mussels and locally caught shellfish.

Le Dourduff en mer
29252 **Plouezoc'h**
T +33 (0)2 98 67 21 90
www. lhuitrier.fr
earlhuitrier
earl l'huitrier

Buy direct
Open all year round Tuesday to Saturday, 9.30am-12.30pm and 1.30-6pm.

Local Markets
Lesneven, Plougasnou, Guingamp, Morlaix, St-Martin-des-Champs and Plestin-les-Grèves.

STÉREC OYSTERS

Morlaix Bay was where Catherine and William Alvado decided to pursue their passion for oyster farming, and its water quality and remarkable setting have enabled the farm to develop and offer you an exceptional product: Stérec oysters! A hollow oyster with a subtle, salty flavour. It has won several awards, including gold, silver and bronze medals at the Concours Agricole de Paris. Come and try seafood that's top of its class, 100% made in Morlaix Bay, sold directly from Térénez Port and Plouezoc'h. There's also a tasting room on site every summer, offering an unmissable treat for the tastebuds!

Port de Térénez
29630 **Plougasnou**
T +33 (0)2 98 72 44 43

Retail sales (oysters and shellfish) **and delivery service.**
www.huitres-de-sterec.fr





VISIT AN OYSTER FARM

Put on your plastic sandals or wellies so you can come and discover the world of oysters farming, a long and proud tradition of our region.

Accompanied by a professional guide on the oyster farms or in the oyster beds themselves, you can learn all about the pearl of the Bay thanks to this instructive and invigorating walk. You'll be joined on the tour by an oyster farmer, who will be more than happy to offer a tasting session - and it's an experience you'll always remember.

BOOKING INFO
In Carantec, Plougasnou and Plouezoc'h.

Book through the Morlaix Bay Tourist Offices or via baiedemorlaix.bzh, where you'll also find the programme.

PRICES
€10 / adult, €5 aged 4-11.

EN VENTE SANS NOS OFFICES



PRAT-AR-COUM
THE OYSTER HOUSE

Hollow oysters and flat oysters, crab, lobster, rock lobster, prawns and whelks. Seafood grocery including soups and rillettes. Shellfish cooking service. Seafood tasting. Delivery service to individuals in mainland France.

Chemin des huîtres
Pointe de Pen-al-lann
29660 **Carantec**
T 02 98 78 30 68
www.huitres.bzh



HUÎTRES DE CARANTEC

Between Callot Island and the Penzé River, Alain Morvan is the 3rd in a generation of oyster farmers, cultivating his famous fleshy oysters with a delicious salty tang.

All year
Monday to Friday 9am-12pm 12h, Saturday 10am-12pm..

EARL VARQUEZ-ETS MORVAN
40 chemin du Varquez – 29660 **Carantec**
T +33 (0)2 98 67 01 81
morvanhuitresdecarantec@sfr.fr



ETS VEN

LES HUÎTRES DE L'ILE BLANCHE

Oyster tasting right by the sea! Founded in 1950, Ven oyster farms offer direct sales and tastings with a west-facing view over Léon: gourmet sunsets guaranteed!

Every day, all year: sales & tasting sessions.

Chemin du Varquez – 29660 **Carantec**
T +33 (0)7 69 01 12 87 –
T +33 (0)7 70 70 40 01



AUTHENTIQUE PÊCHE 22

Whether you're a beginner or an experienced angler, come and lure sea bass and all kinds of fish off the coast of Morlaix Bay. Whether you're into traditional or recreational fishing, you're in for an unforgettable experience in Morlaix Bay!

Authentique Pêche 22
Marc Albert - T +33 (0)6 66 10 51 52
a.peche22@gmail.com
www.authentiquepeche22.com



VISIT OF ROSCOFF FISH AUCTIONS

Take a peek behind the scenes of the fishing industry. Take a video tour of a trawler and follow operations from the moment the fish is caught to the moment it reaches the consumer's plate. An exhibition will answer any questions you may have and, depending on the day's haul, you can watch some of the auction's activities live through picture windows.

Open April to October: ask for details.

Port du Bloscon – 29680 **Roscoff**
T +33 (0)2 98 62 39 26

A BIT OF NATURE

Line-fishing

From Roscoff to Locquirec, Morlaix Bay is a favourite spot for anglers, whether freshwater or saltwater.

Professional fishing guides share their passion for local sea bass and pollack, the prized catches of this unspoilt bay.
Fishing cards for the rivers, ponds and lakes are on sale at the Morlaix and Plougasnou Tourist Offices or at Aventure Pêche Bretagne in Roscoff. Prices start at €15 for a day, or you can choose a one-week or one-year card.
A fishing guide is available for purchase at our tourist offices for €11.



ABOUKIR BAY

A virtual-reality dive into the heart of this Morlaix Bay Natura 2000 site.

The Natura 2000 site in Morlaix Bay is home to outstanding marine and coastal biodiversity, yet these natural riches are largely unknown to the general public. The reefs, rocky outcrops and sandbanks of this underwater landscape may seem hostile when viewed from the surface, but in reality, it is a mosaic of habitats positively teeming with life.
Come and discover this immersive 7-minute virtual-reality film that plunges visitors 25 metres below the surface to discover the shipwreck of the Aboukir Bay.

Where to dive into the experience:
- Carantec Maritime Museum (included in the ticket price)
- Free admission at La Virgule in Morlaix





PESKETA

WILD IMMERSION IN THE RIVER OR AT THE SEASIDE

Spending a day on the water with Pesketa means you'll have a timeless experience, immersed in the wild and secret nature of Morlaix Bay.
Thibaut Le Sceller is a qualified fishing instructor and guide who is passionate about fishing. He will accompany you for a day or half-day on the river or at the seaside. Discover the incredible ecological wealth of Morlaix Bay and the rivers that flow into it as you try for a catch!

T +33 (0)7 87 07 68 01 – www.pesketa.com
contact@pesketa.com

AVENTURE PÊCHE BRETAGNE

Unforgettable Roscoff boat trips to try out or improve your fishing skills, with quality teaching, top-of-the-range equipment and 5-star service all year round. With friends, family or solo.

Discover fishing in Morlaix Bay with our fishing guides and environmental educators. Let yourself be guided and embark on a fishing trip for 2, 3, 4 or 8 hours!

Tuition, high-performance equipment, safety and a friendly approach, departing from the Bloscon marina in Roscoff. Efficient techniques, highperformance boats, everything you need for a great time, so are you ready for adventure?

Sea fishing school and guides
Port du Bloscon - 29680 **Roscoff**
T +33 (0)2 98 69 19 40
www.aventurepechebretagne.com





Boardsports on the water



AVELMOR MOTOCULTURE ET NAUTIQUE

Is happy to announce that it is taking over Guy Bonderf's business and making a few changes. Avelmor is here to support your projects on land and at sea. Our wide range of services includes sales, hire services for agricultural and nautical equipment, after-sales service, repairs, and welding.

Open Monday to Saturday:
8 h 30 - 12 h / 13 h 30 - 18 h
22 rue de Saint-Sébastien - 29630 **Plougasnou**
T +33 (0)2 95 15 63 01 ou +33 (0)6 72 08 58 90
avelmor.motoculture@gmail.com



SEA KAYAKING ALONG THE ESTUARY

MORLAIX BAY BY KAYAK OR ON FOOT

Come and glide between coves and unspoiled islands with an expert guide. Everyone is welcome, whatever your level, and you can choose from several options including discovery tours, family outings or tailor-made excursions. Hikes are possible from Pointe de Primel to Grand Galet.

Wellies or waterproof shoes for exploring the foreshore; walking shoes recommended for hiking at Grand Galet.
T +33 (0)6 30 53 47 34



BORDE TA VOILE

COASTAL SAILING SCHOOL

This sailing school is affiliated with the FFV French Sailing Federation, offering practical and progressive training with a qualified skipper: learn how to sail, understand the wind and the sea, and gain independence. Weekly courses, sailing at dawn or dusk, and other tailored options.

From **Plougasnou** (Térénez), **Locquirec** et **Roscoff** (Bloscon).
Opening in July 2026.
www.bordetavoile.fr
T +33 (0)6 16 93 29 62



KELENN BEACH CLUB

A must this summer! Kelenn Beach Club welcomes your children and grandchildren aged 3 to 14. Entertainment, games, competitions: register at reception the day you arrive on holiday. For swimming lessons, bookings taken by phone from June onwards.

Open 6th July - 22nd August
Monday to Saturday 10am-6pm
Gwen Servais
Plage du Kelenn - 29600 **Carantec**
T +33 (0)6 23 14 52 69
clubdukelenn@orange.fr



LOCQUIREC SAILING SCHOOL

SAILING FOR EVERYONE

From first-try to peak-performance courses, from the youngest to the oldest, on one hull or two, you'll find the course that's right for you, all in complete safety. You're sure to make progress on dinghies, windsurfers and catamarans. Boats, windsurfers and kayaks can be hired on request.

Le port - 29241 **Locquirec**
T +33 (0)2 98 67 44 57
www.evlocquirec.fr/ réservation en ligne



LÉON/DOSSEN SURF SCHOOL

AT DOSSEN IN SANTEC AND AT MOGUÉRIEC

Join us to enjoy the joys of surfing: surf lessons and board hire, including stand-up paddle boards and giant paddleboards. Lessons supervised by state-qualified instructors. With personalised tuition and equipment to suit everyone, surfing is accessible to everyone! For adults and children aged 5 and over.

Jean-Baptiste Bodenes
T +33 (0)6 66 46 30 49
contact@ecole-surf-leon.com

DOSSEN SURF SCHOOL

HAVING FUN, SHARING AND CHALLENGING YOURSELF!

These are the values shared by Pierre and Rafaël, the two sports instructors who run Dossen Surf School in Santec. Our school has been awarded the "École Française de Surf" label, a guarantee that we comply with a quality charter covering safety, teaching methods, recognised services and cohesive groups.

From March to December, come to Dossen beach to try surfing.

Anyone aged 6 and over, from beginners to advanced surfers, can experience the joys of surfing thanks to an introductory or advanced course, using teaching methods adapted to each individual. You can also try your hand at stand-up paddleboarding.

Give in to the temptation: bring your friends or family to this magnificent setting, your instructors are waiting for you!

Dossen Surf School
Rue du Theven Bras,
plage du Dossen
29250 **Santec**

T +33 (0)6 69 33 44 50
contact@dossensurfschool.fr
www.dossensurfschool.fr







TÉRÉNEZ SAILING SCHOOL

If you're looking for something new, come and try wing foiling - or sail a catamaran, dinghy or windsurf, all in an unspoilt natural setting. Choose from a wide range of options: courses, private lessons, kit hire, sports school, aquajogging. Accessible to all, aged 3 and over!

Open all year Monday to Saturday.
Book online via www.srtz.com
Société des Régates de Térénez
39 route de Térénez - 29630 **Plougasnou**
T +33 (0)2 98 72 33 25 - courrier@srtz.com



RÊVES DE MER BOARDSPORTS

Glide, roll and sail with your family on Brittany's most beautiful beaches: sand yachting, kayaking, stand-up paddleboarding, surfing, catamaran or windsurfing. Choose what suits you: an outing, kit hire, a lesson or a course. And don't forget our gourmet sailboat trip in Morlaix Bay, for children aged 4 and over!

St-Pol-de-Léon: +33 (0)2 30 26 00 65
Santec: +33 (0)2 98 29 40 78
Île de Batz: +33 (0)2 98 61 76 76



KITE'S COOL

This school and shop specialises in **kitesurfing, kitefoil, wingfoil,** wingspeed, equipment sales and hire. Supervised by a professional, it's an ideal spot to discover the sensations of gliding and speed, the joy of flying over the water on a wingfoil and rolling along the beach in wingspeed, lifted by the wind! The kite and the wing will give you wings!

Open March to December.
Plage de **St-Michel-en-Grève**
T +33 (0)6 12 69 59 59
therens@free.fr
www.kitescool.com

SURFING LOCQUIREC

Do you want to have fun catching waves? On the superb, secure site of Moulin de la Rive in Locquirec, our surf school is the place to be! Open from April to December, we welcome all would- be surfers, from 5-year-old first-timers to seasoned pros. Our motivated, qualified instructors will help you to hone your skills while having a blast! Bonus: changing rooms, showers and top-notch equipment for the best surfing experience. Whether you come for a lesson, a course or just to hire some kit, you're sure to get some unforgettable rides on the waves of Brittany. Surf's up, Ace!





Plage du moulin de la rive
29241 **Locquirec**
T +33 (0)6 27 06 48 87

surfing.locquirec@gmail.com
www.surfing-locquirec.com



VAGABOND SURF SCHOOL

MOBILE SURF SCHOOL IN LOCQUIREC

Surf lessons, paddleboarding, yoga and equipment hire. The school is open all year round to everyone, regardless of age or ability. Whether with friends, with family, as a couple or on your own, we have packages to suit whatever you need! Come and share our passion for surfing while having fun.

Open 7 days a week all year round, from 4 years old
Pors ar Villiec - 29241 **Locquirec**
T ≤+33 (0)7 89 86 44 77
vagabondsurfschool@gmail.com
www.vagabondsurfschool.com



CARANTEC NAUTISME

FULL-ON WATER SPORTS

Carantec Nautisme invites you to explore a wide range of water sports activities that are suitable for everyone: sailing, diving, snorkelling, kayaking, wingfoil, aqua jogging and paddleboard yoga.

SUMMER: T +33 (0)6 60 26 27 27
Open every day 10am-8pm.
OFF-SEASON: T +33 (0)2 98 67 01 12
Open Monday to Saturday

Plage du Kelenn - 29660 **Carantec**
www.carantec-nautisme.com



WILD WÁTA

Between land and sea, fresh water and salt water, forests and streams, explore the area by canoe, kayak, paddleboard or on foot, following local wildlife. Experience unique adventures where magic unfolds as we go about our activities, from tracking and wood-carving to discovering the environment and sailing.

Canoë, Kayak, Paddle, Balade nature, Sculpture sur bois.
Off-Season, every day on request.
T +33 (0)6 68 09 99 80
www.wildwata.com



ERIKAVOYAGE

TRAVEL PLANNER

Want to discover Morlaix Bay in a fresh way, without spending hours planning all the details?
Contact Erika, who will help you to organise your whole trip.
Her mission is to research everything related to your stay and uncover tailored experiences that will suit you perfectly.
Her advice is then compiled in a personalised itinerary booklet, so all you have to do is book and enjoy!

www.erikavoyage.com
contact@erikavoyage.com

Île Callot:
FALL FOR THE CHARMS OF THIS LITTLE CORNER OF PARADISE



PRACTICAL INFO
Before you go, please check the tides and crossing times to make sure you have plenty of time to get back to the mainland before the sea rises!
www.ville-carantec.com

Timetables are also available from our Tourist Offices.

A peninsula at low tide, Île Callot becomes an island when the tide rises and separates it from the mainland. From Carantec harbour, you can walk or cycle to Callot island at low tide thanks to an 800-metre submersible causeway, making it ideal for a half-day outing. There's nothing like meandering around the island to recharge your batteries, perhaps a spot of rock pooling or admiring the magnificent views from Notre-Dame de Callot chapel.
You can also stay over on the island, as the local council has converted the former school into an unusual gîte, so up to 10 friends or family-members can enjoy a holiday right in the middle of Morlaix Bay. Bookings can be made at www.baiedemorlaix.bzh.

EN VENTE DANS NOS OFFICES

The wind of freedom

To satisfy an adventurous spirit, there's nothing like a trip out to sea between the iconic islands and rocks of Morlaix Bay! Board a boat from Locquirec, Plougasnou, Carantec or Morlaix, and set sail along the jagged coastline.

The speedboat heads off towards the Ile de Batz. You can see Île Callot, with the bell tower of Notre-Dame-de-Kallod chapel on the horizon; further on, you'll see Roscoff's port of Le Bloscon, from where the ferries set sail for England and Ireland. The speedboat then docks on Ile de Batz, so you can take a few hours to sample the island and its exotic pleasures. On the way back, the Château du Taureau and the wild coastline come into view. After your day's excursion, you'll come back to the mainland with your hair in a tangle, a smile on your face and a head full of beautiful memories.

VOUS AIMEREZ AUSSI >

Excursions to the island of Batz, from Morlaix, Carantec, Locquirec and Plougasnou. Departures from April to September, see program on baiedemorlaix.bzh

PRICES
– Adult: 25 - 32 €
– 4 - 11 years: 18 - 22 €
– Less than 4: 6 €
– Dog: 3 €

Ticketing and reservations at Tourisme Office or on line.



CHÂTEAU DU TAUREAU

With your family, children or friends, board a boat at Carantec or Plougasnou and whizz across the waves to the former prison of Château du Taureau, where there are plenty of events to suit all tastes. Whatever your age, this is an unforgettable trip that you won't forget!

Calendrier des visites disponible sur www.chateaudutaureau.bzh

Informations / réservations:
T +33 (0)2 98 62 29 73
www.chateaudutaureau.bzh





Les Vagabonds de la Baie
Excursions Baie de Morlaix

LES VAGABONDS DE LA BAIE

MORLAIX BAY COAST: AS CLOSE AS YOU CAN GET!

Set off on an adventure cruising the coastline of Morlaix Bay enjoying the fun, friendly experience of riding our semirigid 'Vagabond'. This 12-seater boat quickly takes you to the most interesting local spots with thrills and smiles along the way! Its shallow draught means you can get as close as possible to the tiny islands and maritime heritage monuments. We can't guarantee it, but we often come across a few seals on the way.

3 rue Gambetta - 29680 **Roscoff**
T +33 (0)6 33 00 65 01
Programme complet sur vagabondsdelabaie.com



VEDETTES SIRÈNES

From the Morgat Port to the Roscanvel peninsula via Cap de la Chèvre, Camaret and Pen Hir coastal point, take one of our guided tours and admire the maritime treasures of the Crozon Peninsula: sea caves, paradise coves, cliffs, the Tas de Pois rocks and fortifications.

Open April to September
Times and bookings: www.sirenes.bzh
T +33 (0)6 60 93 97 05 – contact@sirenes.bzh



ÎLE DE BATZ BOAT TRIPS

All aboard the Vedettes de l'Île de Batz, departing from Morlaix, Carantec, Locquirec or Plougasnou for a guided tour of Morlaix Bay, followed by free time to explore Batz Island.

Timetables for trips on www.baiedemorlaix.bzh
All year, group bookings: +33 (0)7 62 61 12 12
www.vedettes-ile-de-batz.com
vedettesiledebatz@gmail.com
Book in our Tourist Offices
Locquirec: +33 (0)2 98 67 40 83
Carantec: +33 (0)2 98 67 00 43
Morlaix: +33 (0)2 98 62 14 94
Plougasnou: +33 (0)2 98 67 35 46



SMASH IT!

TENNIS-CLUB DES DEUX BAIES CARANTEC

The club is open and staffed in July and August. Hard and clay courts, indoor and outdoor. Court hire by the hour or by 5-hour package. Training courses in July and August (Monday to Friday) when arranged in advance by email.

T +33 (0)2 98 78 32 42
July-August
T +33 (0)2 98 67 00 43
Sept-June
tennis.carantec@gmail.com
www.carantec-tennis.fr

BARADOZIG

Sail in Morlaix Bay on our three-hour trips departing from Roscoff aboard Baradozig. This spacious 16-metre catamaran is comfortable and sheltered, ideal for enjoying an aperitif while being carried away by the magic of Brittany: seabirds, curious seals, tiny unspoilt islands, the Château du Taureau and Île Louët. We glide between the oyster farms and sail up the channel to the Île de Batz. Trips are limited to small groups for an authentic experience, and private hire is available for friend groups, families or company outings.

Departure from the port of **Roscoff**
Sea trips 10am-1pm and 2pm-5pm
Reservations by telephone, WhatsApp or e-mail
See you soon on board

spiseasailing@gmail.com
www.baradozig.com
T +33 (0)6 50 86 08 03





Explore Morlaix Bay by bike

The Velomaritime and The Vélodyssée routes offer you the chance to cycle the coastline and the heart of this region over whatever distance you choose. Our partners and tourist offices offer bike hire all year round!



MOR'LES CYCLES

Bike sales, repairs, hire and Accueil Vélo© point, conveniently located right in the centre of Morlaix.
Sale of accessories and equipment for touring cyclists.

Shop open Tuesday to Friday, 10am-12.30pm and 2pm-6.30pm / Saturday 10am-6pm.
5 rue de Paris - 29600 **Morlaix**
T +33 (0)9 51 38 15 06
morlescycle@gmail.com
www.mlcycles.com



LES VÉLOS DE LA BAIE

ELECTRIC BIKE HIRE AND TOURS

An original way to discover the Trégor region, with or without an electric bike. Hire a bike and set off on adventure, or take advantage of a guided tour followed by tastings of local produce!

We can also deliver bikes to your home.

Available: electric, mountain, town, child's bikes trailer, baby seat, trailer bike, paniers, bags.
Prices: guides trips from €42.

T +33 (0)6 18 43 61 08 -
contact@lesvelosdelabaie.bzh
www.lesvelosdelabaie.bzh



LA CLEF À MORLETTE

Self-repair bike workshop where you can learn how to repair and maintain your bike.
- Come to use for professional tools and advice
- New and second-hand spare parts for sale
- A meeting place open to everyone NO APPOINTMENT NEEDED!

27 place Allende – 29600 **Morlaix**
T +33 (0)2 56 36 94 72
Tuesday to Saturday 12 pm - 7 pm
Wednesday 2 pm - 9 pm



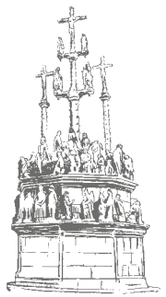
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IF STONES COULD TALK – P. 37

BACK TO BASICS



SCALING
THE HEIGHTS

To really get to know Morlaix Bay, it's best to take the side roads, to linger a little and take the long way round, so that you can enjoy chance encounters and soak up the spirit of the place. Brittany is exactly a destination that you can 'do', you need to live it and experience it. Here, the locals are passionate about their homeland and they watch over it, encouraging visitors to explore respectfully.

THE UNMISSABLE

Cragou moorland reserve

This is the largest nature reserve in Central Finistère, with moorland, woodland and peat bogs that are home to rare birds such as the harrier and curlew, to sphagnum moss and the carnivorous sundew plants. Nantaise cows and Dartmoor ponies help to maintain the natural spaces, and hiking trails are very well signposted.

NATURE WALKS ALL YEAR ROUND!
Several clubs and groups offer visitors the chance to discover these unspoilt natural areas: Bretagne Vivante, Au fil du Queffleuth et de la Penzé and Addes Botmeur. Find the programme online in our 'What's On' section.







The Arrée Mountains

UNMISSABLE BY NATURE

8000
ha

193 km
of trails

11
flamboyant churchyards

If you drive 30 minutes south of Morlaix to the heart of Finistère, you'll find the ridge line of the Arrée Mountains. At 384 metres, Roc'h Trévézel is one of the highest points in the Arrée Mountains and from its summit you'll be rewarded with a breathtaking 360° view looking down on Saint-Michel mountain in Brasparts and the Yeun Elez moorland and heathlands, which are fed by Brennilis lake. These lands are part of the Armorique Regional Nature Park created in September 1969, an environment and balance to be preserved and respected. This wild and unspoilt land is the cradle of tales, legends, and korrigan sprites, but it's also an ideal spot for outdoor activities, dotted with remarkable sacred heritage such as abbeys and flamboyant parish churches. Soak up the energy of this special part of Brittany and recharge your batteries!



WALKING THE PEAKS



L'ABBAYE DU RELEC

EN VENTE DANS NOS OFFICES

On your bike!

There are those who take an occasional bike ride, and those who two-wheel it along all the major cycle routes such as the Vélodyssée or the Vélomaritime.

HIRE A BIKE!
Hire a bike from our Tourist Offices.
Rates (from ½ day to 7 days):
- Electric-Assist: €26-195
- All-terrain: €16-82
- Kid's mountain bike: €10-55
- Trailer: €10-55

Deposit required.
Contact our Tourist Offices for other prices (baby carriers, paniers) and details of cycle routes.
For longer distances and tackling Morlaix's hills, nothing beats an electric bike!

Whether you go for half a day, a day or a week, cycling is always a great way to get away from it all, as you're free to stop wherever you like and take the back roads. Trails leaving from the Tourist Offices will lead you through the countryside, along small roads shared with vehicles, or along coastal roads.
Discovery tours are on sale in our Tourist Offices. If you're after an adrenaline rush, head to the highest peaks in Brittany. The Arrée Mountains are home to an FFC-approved mountain bike site renowned for its wooded valleys and rocky trails.

Find out more on www.baiedemorlaix.bzh or from our Tourist Offices.
Booking recommended





RECIPES

THE LEGENDARY KIG HA FARZ

INGREDIENTS
for 8 to 10 people

Meat
1.5 kg topside and shoulder of beef, 700 g fresh bacon, 1 pork knuckle.

Vegetables and spices
8 carrots, 8 turnips, 4 leeks, 2 onions, 1 kale, 2 celery stalks, salt, pepper and bouquet garni, plus 1 cabbage.

Dark farz
400 g buckwheat flour, 2 eggs, salted butter.

Light farz
500 g plain flour, 4 eggs, 1 litre milk, salt.

2 canvas bags to cook the farz.

1. In a large casserole dish, pour 4 to 5 litres of water and add the peeled vegetables (except the cabbage) with salt, pepper and herbs. Once the water is simmering, add the meat and cook for 2 ½ hours. Meanwhile, blanch the cabbage in boiling salted water for 5 to 6 minutes then drain off the water. Finish cooking with butter just before serving.
2. Dark farz: melt the butter in 1 litre of stock taken from the vegetables, then mix in the buckwheat flour and eggs.
3. Light farz: mix the plain flour, eggs, milk and salt then set aside.
4. Wrap both sets of dough in the canvas bags and close with cooking twine. Plunge the bags into the casserole dish, bring to a gentle boil and leave to cook for 2 hours.
5. At the end of the first hour, add the bacon.
6. Make the lipig (sauce) by browning the butter then the shallots, and adding one or two ladles of stock. Serve the lipig separately as a sauce.





THE UNMISSABLES

The GR34

On the 2,000km GR®34 coastal path in Brittany, you never lose sight of the ocean. Once patrolled by customs officers, this path follows the rocky cliffs and immense beaches, while overlooking the Breton islands. In Morlaix Bay, the GR®34 traces the fine sandy beaches of Locquirec, the cliffs of Saint-Jean-du-Doigt, Plougasnou's coastal points, and into the heart of Morlaix, gently following the river as far as Carantec and its islands, before continuing towards Saint-Pol-de-Léon and Roscoff.

Hiking guides available for purchase at our tourist offices

GR® Pays of the Arrée Mountains

This 230-km walking trail leads you around the Arrée Mountains to discover their majestic landscapes, from bare moorlands to winding ridges.

Kalon Menez Are

A 100-km route to discover the Arrée Mountains through heathland, rocky outcrops and wooded countryside.

SURVIVAL KIT

IDEAL FOR A HIKER



A RUCKSACK, HIKING BOOTS, COMPASS, MAP, WATER BOTTLE, FIRST-AID KIT, SUITABLE CLOTHING, HEADLAMP, FOOD, DRINK AND A MOBILE PHONE!



DESTINATION TRAIL

Explore Morlaix Bay and the Pink Granite Coast as you run, passing contrasting coastlines, coves, dunes, cliffs and famous tumbles of pink granite rock. The routes take you from the mysterious world of the Arrée Mountains to the wild Léguer Valley. Meander through the narrow streets and admire the unique heritage of the Breton towns, from cathedrals to timber-framed houses.

Download our app
TRAIL ET ACTIVITÉS OUTDOOR
Walking, cycling, horse-riding, water sports over 100 trails
All levels

+ FOR MORE INFO →

ADDES
Des randos de légende

ADDES ASSOCIATION

ADDES offers guided walks, storytelling and nature walks for everyone, all year round! Come and explore the peaks and peat bogs of the Arrée Mountains and discover the pixies and other mysterious creatures!

Advance booking only.

Le Bourg, **Botmeur**
T +33 (0)2 98 99 66 58
www.arree-randos.com

TREASURE HUNT

THE INVESTIGATIONS OF ANNE KORRGAN

LEAVING FROM THE ABBAYE DU RELEC

On foot or by bike, this treasure hunt leads you through the heart of the Arrée Mountains, following in the footsteps of heritage historian Anne Korrgan. She was investigating an unsolved case at the Abbey but she mysteriously disappeared. As you follow her clues you'll discover an outstanding historical and natural heritage. To solve these riddles, a kit is available at the Abbey, in Tourist Offices or as a download.



THE UNMISSABLE

Abbaye du Relec

The Domaine du Relec is pure peace and quiet, an unspoilt, discreet estate offering visitors a wealth of discoveries, combining nature and culture.

In 1132, Cistercian monks from Bégard Abbey founded Abbaye du Relec in the Queffleuth valley at the foot of the Arrée Mountains, and they shaped the place until the French Revolution. Today, the Abbey features a large Romanesque church, the remains of a cloister, a drive lined with tall trees, a monumental fountain, ponds and former gardens surrounded by a moat.

The Cistercians also left their mark on the site with their expertise in hydraulic engineering, and traces of their work can still be seen today.

AN INSPIRING KITCHEN GARDEN!
Abbey's kitchen garden tells a story, linking the practices of times gone by with those of today. Open from early June to October, the garden offers a fun and inspiring educational approach for all visitors. The Domaine du Relec is also the perfect place for a family outing thanks to the 'Get Outdoors' rucksack full of activities that will help you to discover the nature and heritage of the Abbey: birdwatching, insect-hunting, learning to recognise trees, making amulets and a whole lot more! This kit is available on site, and booking is recommended (see opening times opposite).

OPENING HOURS

Reception, shop and abbey opening hours:
- 12th to 26th April and 18th October to 1st November: Sunday to Thursday, 1.30pm to 5.30pm
- 27th April to 5th July and 31st August to 16th October: Monday to Friday, 1.30pm to 5.30pm
- 6th July to 30th August: every day from 10am to 12.30pm and 2pm to 6pm.

Open all year for groups, with prior booking.
The park can be accessed freely throughout the year.

The vegetable garden will reopen on Saturday 6th June 2026 with the exhibition "At the foot of my tree".

Abbaye du Relec
Le Relecq
29410 **Plounéour-Ménez**
T +33 (0)2 98 78 05 97
www.cdp29.fr











PENZÉ ECOPARK ADVENTURES

If you're dreaming of an activity that's all about nature and adrenaline, Ecopark is the place for you! On the banks of the River Penzé, the Tarzan-style courses wind through century-old trees, you'll find rope-vines, footbridges, surf-air and zip-lines.
Start out on one of the three beginner courses, then enjoy unlimited access to eleven more that get progressively more challenging. Enjoy the rush in complete safety thanks to our Clic-it karabiner system, which ensures the two connectors always remain fastened. Discover more than 1,200 metres of zip lines along the way.

Écopark Adventures Penzé
Bourg de Penzé
29670 **Taulé**
T +33 (0)2 98 79 03 21
www.ecopark-adventures.com

Open Wednesdays, weekends and public holidays 1pm-7pm from mid-March to mid-November.
Every day during French school holidays.
Every day in July and August from 10am.
Reception is closed 11.45am-1pm.

ESCALADE ET CANYON'ÎLE
AVEC LES DANSEURS DU ROC

Rock climbing up a cliff: discover the magnificent Primel Peninsula from a vertical perspective, all while respecting the environment. A family activity supervised by a professional. All levels welcome.
Canyon'île: this mix between canyoning and coasteering leads you along the rocky coastline, overcoming obstacles along the way. It includes swimming, climbing above the water, jumping, abseiling and zip-lining, all in the idyllic setting of Primel Peninsula. Trails suitable for all levels.
Indoor climbing: come and experience our indoor climbing wall, the start of a limitless journey where you can expect an adrenaline rush, shared laughter, team-building, respect, fun and friendship.

Cliff-face climbing
July/August
Book:
escaladeprimel@
lesdanseursduroc.com
T +33 (0)6 10 38 74 34
Pointe de Primel –
29630 **Plougasnou**

Canyon'île
July/August
Book: canyonile@
lesdanseursduroc.com
T +33 (0)6 34 66 84 69
Pointe de Primel –
29630 **Plougasnou**

Indoor Climbing
All year around
Espace Kerveguen
Rue de Kerveguen
29600 **Morlaix**
T +33 (0)6 34 66 84 69
T +33 (0)6 10 38 74 34
lesdanseursduroc.com





Plant power

The southern hemisphere in North Brittany!
Present on earth for billions of years, the plant world is an inexhaustible source of energy for both body and mind.
Discover our unusual gardens.



JARDIN DELASELLE

Created in 1897, the Jardin Georges Delaselle is an exotic island garden with an outstanding botanical collection of over 1,700 species from every continent. More than two-thirds come from the southern hemisphere, from regions with a climate close to the Mediterranean basin (California, Chile, southern Africa, Australia and New Zealand). Each area of the garden is like travelling to a new land, from the Oceanian garden and the Southern Lands, to the Cactera grove, Palm grove and more. Owned by the Conservatoire du Littoral, the garden is now managed by the Haut-Léon Communauté.

Île de Batz
T +33 (0)2 98 61 75 65
jardin.delaselle@hlc.bzh

From 1 April to 30 September:
every day from 11 am to 6 pm.
From 1 October to 1 November:
every day from 11 am to 5.30 pm.





ROSCOFF EXOTIC AND BOTANICAL GARDEN

Discover this exceptional garden, classified as a Remarkable Garden, and its incredible views over Morlaix Bay! Admire 3,500 species of plants, tended with a great deal of natural care, and experience a real feast for the senses.

Open from 1 March to 31 October 2026.
130 Route de Traon Erc'h,
Lieu-dit Roch Hievec – 29680 **Roscoff**
T +33 (0)2 98 61 29 19 / 06 65 78 99 43
Opening times and prices:
www.jardinexotiqueroscoff.com

AU PRÉ FLEURI

Passionate about growing flowers, Magali invites you to discover her floral world, with over 100 varieties of local and seasonal blooms.

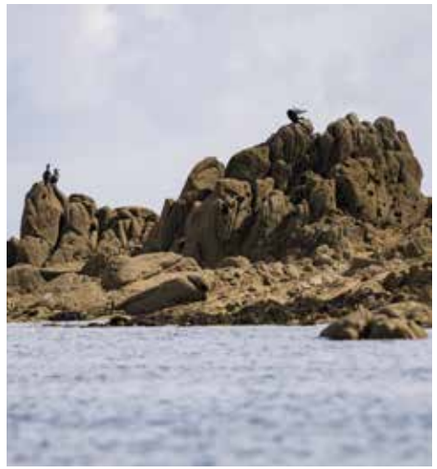
Sales to the public on Saturdays 9.30-12.30 or place orders during the week.
At Carantec market Thursday morning.

2 lieu-dit Kerhervé – 29410 **Guiclan**
T +33 (0)6 26 23 57 27 – auprefleuri.fr

PROTECTED NATURAL AREAS

Natura 2000 sites and the bird sanctuary

Morlaix Bay has countless rocky islets, creeks and rias, which provide important feeding grounds for all the species that flourish here, both flora and fauna.



The Douron river and the peaks of the Arrée Mountains are also home to several protected native species in moorlands and peat bogs. Finally, the ornithological reserve off the coast of Carantec, Plouezoc'h and Plougasnou shelters many breeding and migrating seabirds.

To learn more, follow one of our year-round nature walks (more information in the What's On section of our website).



KEROPARTZ HORSE RIDING

Keropartz equestrian farm welcomes both children and adults. Weekly lessons during term-time, rides and courses during the holidays. Groups of all levels, from beginner to advanced. Indoor arena, riding school and numerous trails, beach for experienced riders.

Keropartz Équitation - 22300 **St-Michel-en-Grève**
More info:
T +33 (0)2 96 35 72 56 - www.keropartz.fr



DONKEY TREKKING

Florence and Philippe offer you a 100% natural experience on their educational farm, between the coast and the countryside, where you can take part in family outings with their donkeys, or in fun and educational activities close to their animals, surrounded by greenery.

Open on French Bank Holidays and school holidays, and all year for group bookings.
Entry for the educational farm: adult €8, child €6, free babies (not toddlers).
T +33(0)7 50 69 38 26
www.lacombeauxanes.com
Lanvellec (à 15 km de Locquirec)



MOULIN PONY CLUB

Our pony club welcomes children aged 2 and over for pony rides, led by hand. Children aged 4 and over can also try the riding school. Courses and rides for older children during the holidays. This establishment has been awarded the French Riding School and Animal Welfare label.

Open Monday to Friday during the holidays.
Pont Menou - 29620 **Plouégat-Guerrand**
T +33 (0)2 98 67 50 20
helene-tassel@orange.fr
www.poneyclubdumoulin-29.ffe.com

AU CUL DU CHEVAL

Come to the village of Berrien to spend an hour or a whole day in a horse-drawn carriage, exploring the heritage and landscapes of Brittany. Why not add a snack or French storytelling?
If you'd like to hire a carriage for an event, we can come to you!

Open every day April to December.
T +33 (0)6 62 99 95 84
By appointment only
www.au-cul-du-cheval.com

GAZING AT THE LANDSCAPES

These viewpoints are among the most beautiful in Morlaix Bay. Just sit back and admire it all!

- **Sables Blancs in Locquirec**
- **Pointe du Château in Locquirec**
- **Saint-Jean-du-Doigt beach**
- **Overlooking the lookout in Primel**
- **Primel's main beach**
- **Rhun Prédou, Primel (bench facing the port)**
- **Pointe Annalouesten**
- **Térénez Peninsula**
- **Dourduff-en-Mer Port**
- **Esplanade of Chapel Notre-Dame des Anges in Morlaix**
- **Roc'h Trévezel**
- **Pointe de Pen al Lann in Carantec**
- **La Chaise du Curé in Carantec**
- **Pointe Nord - Île Callot in Carantec**

FIND OUT MORE



DISCOVERY TRAIL

AT CHÂTEAU DU TAUREAU

Eight visitor panels allow you to observe the fortress from the GR34 coastal path. They explain the history of the bay through the creation and life of the castle. The viewpoints criss-cross the bay from Carantec to Plougasnou, passing through Taulé and Plouezoc'h.





All year round at the Carantec water sports centre (p. 18) and at the Térénez sailing school in Plougasnou (p. 17).

TAKE CARE OF YOURSELF

Letting go

AQUA WALKING AND AQUATONICS

For one hour, immersed up to your chest in the sea, follow the rhythm set by one of our qualified instructors. This activity, between aqua aerobics and a walk in the water, has all the benefits of an hour's jogging and a saltwater spa. It's both an invigorating workout and a wellbeing session, with the added bonus of a panoramic view over the tiny islands of Morlaix Bay, giving you all the benefits of the ocean.



CONTACT
Le Grand Hôtel des Bains
15 rue de l'Église
29241 Locquirec
T +33 (0) 2 98 67 41 02
grand-hotel-des-bains.com

TRY A SEAWATER SPA

in Locquirec

Make precious memories and take time to completely unwind at the Grand Hôtel des Bains in Locquirec, thanks to its fabulous seawater spa. Enjoy spa treatments, facials or relaxing massages, all while gazing over the ocean.
Book ahead for treatments.



VIVA LA VIE NATALY

Nataly and her team are expert hairdressers, colourists and barbers: the fully trained, attentive staff will listen to your needs and offer advice. They use quality products to perfection: Kérastase, Wella, Icon (97% plant-based hair colour). The salon also offers semi-permanent nail services.

Open Tues & Wed 9am-6pm /
Thurs & Fri 9am-7pm/ Sat 9am-5pm non-stop.
You can book an appointment via Planity.com
CC, Poulbraou - 29630 **Plougasnou**
T +33 (0)2 98 67 32 39



MASSAGES AND TREATMENTS IN PLOUGASNOU

Come to the Abélia institute for moments of wellbeing, as well as the classic treatments you'd expect from a beauty salon.

Institut Abélia
ZAC de Poulbraou – 29630 **Plougasnou**
T +33 (0)2 98 67 37 83

Open Tuesday to Saturday
9.30am-12.15pm / 2.30-6.30pm
(closes 5pm Saturday).
Lunchtime bookings possible.

Home visits by arrangement.



YOGA AND KOBIDO

Banana yoga offers classes in Vinyasa yoga, a rhythmic, rejuvenating and relaxing form of yoga. We offer indoor classes all year round in Morlaix Bay. Banana yoga also offers you the opportunity to come and enjoy a KOBIDO ritual, a 100% natural Japanese facial. Like a dance, the practitioner's fingers link together different gestures: smoothing, stroking and applying pressure. for a radiant, relaxing effect.

Timetable and bookings on bananayoga.fr
8 route de Morlaix – 29241 **Locquirec**
T +33 (0)6 24 50 20 21
bananayoga.bzh

CHARLÈNE COIFFURE

Charlène welcomes you to her sleek, bright hairdressing salon in the heart of Plougasnou. You'll feel right at home in this welcoming space dedicated to wellbeing, the products used are vegan and natural. Charlène and her team use their talents and Revlon Professional, Urban Karatine and Eksperience skincare ranges to meet all your needs. By appointment, on your own or with the family, our warm and dynamic professionals await you!

4 place du Général Leclerc
29630 **Plougasnou**
T +33 (0)2 98 67 30 57

You can make an appointment on Planity.



ESPACE AQUATIQUE DU PAYS DE MORLAIX



The Pays de Morlaix leisure centre offers a friendly setting for swimming, fun and relaxation. The large pool (25 m) is perfect for swimmers, while children can enjoy the fun pool (31°C), the paddling pool (32°C) and the slide (50 m). You can also enjoy our sauna, hammam, herbal tea room and relaxation treatments. The fitness area offers cardio-training machines, weight training and fitness classes to tone your body.
An ideal place to get fit and relax.

Carrefour de la veille roche **Plourin-lès- Morlaix** T +33 (0)2 98 63 91 20	**Open 7 days a week.** **ucpa.com/centres-sportifs/piscine-morlaix**





HÉLIOSÉANE BY SPADIUM AQUATIC CENTRE

The Hélioséane by Spadium aquatic centre welcomes you all year round, open to the public every day.

We offer a wide range of activities to suit all tastes including adults' and children's swimming lessons, refresher courses and aquagym.

While you're here, make the most of our wellbeing area (Sauna, Hammam, infrared cabin) with outdoor access and try out our large slide.

250 route du complexe sportif - 29610 **Plouigneau** T +33 (0)2 98 79 86 30	**Open 7 days a week.** More info piscine-helioseane.com



T 02 98 29 20 00
www.thalasso.com

Valdys Resort Roscoff
16 rue Victor Hugo
29680 Roscoff

TARIFS

Entry to the Marine Spa:
€29 weekdays, €31 during weekends, public holidays and school holidays*

Wide range of treatments from €54

Spa Day from €89.

OPENING TIMES

Thalasso*: 8.30 am -6.45 pm

Spa Marin avec soins*: 9 am - 6.45 pm
(closed Sunday lunchtime)

Marine Spa without treatment:
Mon-Fri 11 am - 2 pm and 3 pm - 6 pm /
Weekend 10 am - 12.45 pm and 2 pm - 5 pm.

Swimhat and pool shoes are compulsory for the Marine Spa. No Bermuda shorts.

Restaurant*:
12 pm - 2 pm and 7 pm - 9 pm

**Open every day*
Sunday lunchtime from 11.30 am to 2 pm

THALASSO & SPA VALDYS RESORT ROSCOFF

WELLBEING IN AN OUTSTANDING SETTING

Come to the heart of a protected natural environment, to this centre specialising in Thalasso seawater therapy and discover our traditional treatments, combining the power of seaweed with expert techniques developed over more than 120 years.

Enjoy the Marine Spa with its seawater pool heated to 31°C, outdoor whirlpool baths sauna, steam room, seaview relaxation room, herbal tea room and seaview gym.

Treat yourself to a moment of total indulgence with our wide selection of treatments including massages, wraps, scrubs, body and facial treatments. You'll be spoilt for choice.

Dine at the Fleur Marine restaurant - a tasty crêperie at lunchtime and traditional restaurant in the evening - while gazing over the Ile de Batz.

Valdys Resort Roscoff presents our exclusive stay to restore harmony with your body: the Post-Cancer Stay and our new offerings for 2026: My Tailor-Made Stay, Facial & Hair Beauty, and Beauty Wave.









#ENCLOSPAROISSIAUX

FLAMBOYANT

Parish churchyards

An ‘enclos paroissial’ is a unique phenomenon best described as a flamboyant churchyard. A candidate for Unesco World Heritage listing, these churchyards are the architectural jewels of Finistère’s heritage.

INFOS

Visit St-Thégonnec Churchyard
Open all year
9 am - 6 pm, free entry

Throughout the year, guided visits (15 people). Contact our reception on +33 (0)2 98 63 87 82
groupes@tourisme-morlaix.bzh

In July and August, for small groups or individuals, contact SPREV heritage group on T +33 (0)2 98 64 58 81

Each enclosure consists of a church, a calvary, an ossuary, a cemetery and a triumphal gate, with a surrounding wall outlining and protecting the sacred territory. Often extravagant in design, these parish churchyards date from the 1500s and 1600s, when Brittany’s linen and cloth trade brought the region wealth, which parishioners were keen to invest in flamboyant displays of their religious zeal.

OUTWARD SIGNS OF WEALTH

The flourishing imagination of local artists and competition between neighbouring parishes led to some incredible artworks, from multicoloured sculptures to dazzling stained glass windows. These items were also educational, used to teach the congregation about faith, the images of paradise and the Passion of Christ.

DISCOVER THE CHURCHES BY BIKE

Head off to discover the three main flamboyant churchyards in upper Finistère: Saint-Thégonnec, Guimiliau and Lampaul-Guimiliau. Bike hire is offered from April to October at Saint-Thégonnec Tourist Office.

WWW.BAIEDEMORLAIX.BZH





REMARKABLE PARISH CHURCHES
IN MORLAIX BAY



Curiosities and treasures you mustn't miss

SAINT-THÉGONNEC
The main entrance to the churchyard here is monumental, like a small Arc de Triomphe. Formerly closed by an iron gate, it symbolically marks the passage from the world of the profane to the world of the sacred.

PLEYBER-CHRIST
In the porch, the beautiful series of twelve Apostles (1667) was the last piece created by the workshop of Roland Doré, a master sculptor from Landerneau who was well known in the region.

PLOUNÉOUR-MÉNEZ
This churchyard is built entirely from grey granite, deposits of which could be found in the village. This stone is sometimes called 'granite of the mountain'.

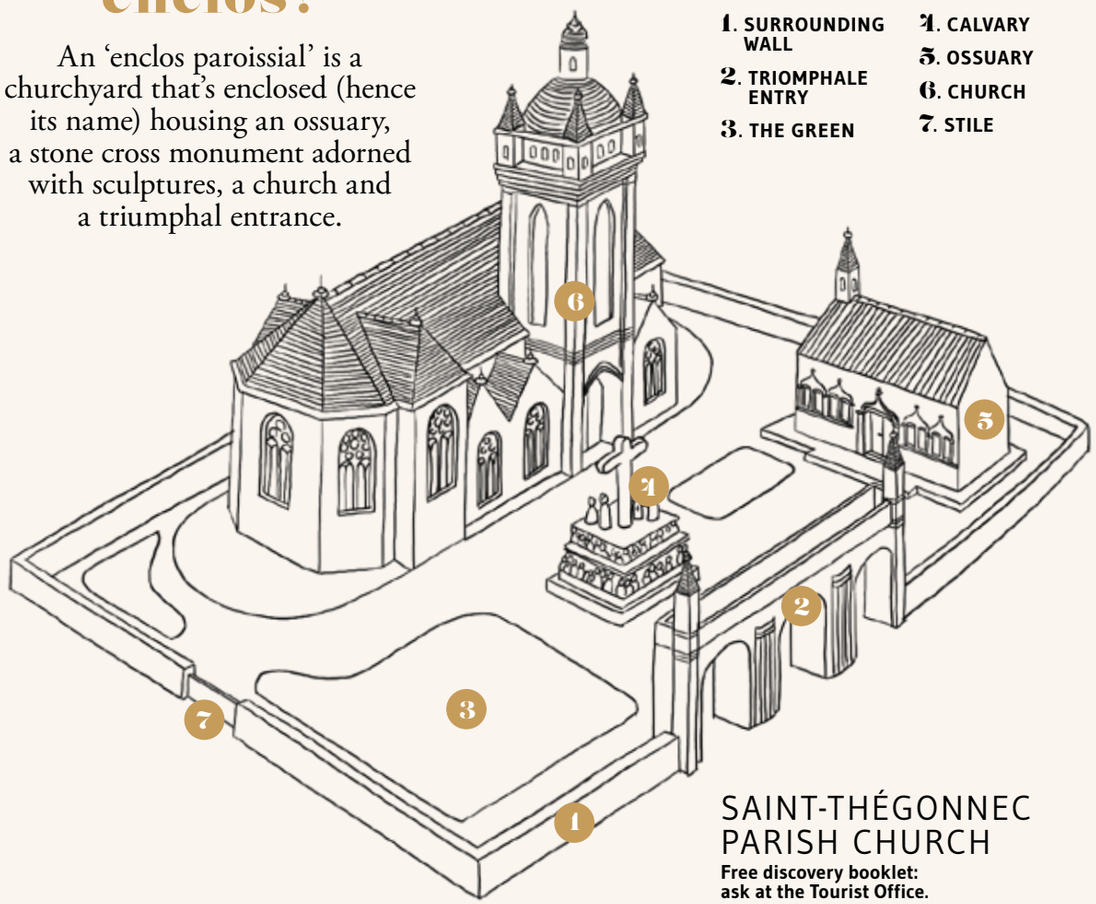
PLOUGONVEN
Built in 1554, Plougonven's Calvary - stone crucifix - has an original octagonal plan and two rows of remarkable sculptures in kersantite stone. It was the first large calvary to be built in the Morlaix region.

PLOURIN-LÈS-MORLAIX
The interior of the church has no fewer than eleven altarpieces, placed in the choir, transept and side chapels.

SAINT-JEAN-DU-DOIGT
In the cemetery, the Oratoire du Sacre is a small chapel open on three sides, previously used for open-air services on busy days. Dating from the 1500s, it boasts a superb wooden frame shaped like the hull of a ship, and beautifully carved wall plates. Inside the church, don't miss the treasury display case, one of the finest in Brittany, containing around twenty pieces of silverware, including the holy relic of St John the Baptist's finger.

What's an enclos?

An 'enclos paroissial' is a churchyard that's enclosed (hence its name) housing an ossuary, a stone cross monument adorned with sculptures, a church and a triumphal entrance.



SAINT-THÉGONNEC PARISH CHURCH
Free discovery booklet: ask at the Tourist Office.



Saint-Thégonnec
THE MAJESTIC

35 km **of paths**

2 **kanndi**

On the edge of the Armorique Regional Nature Park, Saint-Thégonnec is a vital stop-off point between Morlaix Bay and the Monts d'Arrée. At the heart of the village stands one of Brittany's most majestic parish churchyards or 'enclos'. If you're touring these churchyards, this one is the jewel in the crown and it demonstrates how the linen trade boosted the region's economic prosperity. Also dating from this period are two wash-houses known as 'kanndi'; this village once had around a hundred such wash-houses where linen was once washed. Nature lovers are not forgotten, as the town is the starting point for several walks and cycle rides.


LA CHAIRE


SAINT-JEAN PAR ROLAND DORÉ

CHILDREN'S RIDE AND GOURMET CHALET

On the seafront, you'll find Kelenn Beach's merry-go-round and gourmet chalet. Come and sample our homemade takeaway treats, both sweet and savoury: homemade and Italian ice creams, churros, crêpes, galettes, sandwiches, smoothies and more.

Au Paradis des Enfants
Kelenn – 29660 **Carantec**

T 06 06 75 05 04

All French school holidays (public holidays & weekends depending on weather).





VISIT

LET'S ALL GO TO THE MUSEUM

Through temporary exhibitions and a permanent collection, discover the history of the wolf, everyday rural life from 1900 to 1960, the secrets of old tools and the ancient techniques of embroidery on netting.

Maritime Museum

DE CARANTEC



Morlaix Bay has a rich and intense maritime history, and has been home to countless families of fishermen, oyster farmers, amateur sailors and boat-builders over the years. Through diverse boats, from working vessels to yachts and even escape boats, the Maritime Museum of Carantec and Morlaix Bay explores their very human stories.

PRACTICAL INFORMATION

Open during French school holidays, 2.30pm to 6.30pm, and on request for groups. Closed on Thursdays.
3 rue A. Louppe
T +33 (0)2 98 67 00 30
carantecmusee@gmail.com

PRICES

Adult: €5 / 6 to 18 years old: €3 / Family pass: €12 (2 adults, 2 children)
Groups of 8+ people €4/person

WWII MEMORIES MUSEUM 1939-1945

Just a stone's throw from Pointe Saint-Mathieu, you can visit an incredible German command bunker. Over 5 floors and 500 m² of exhibition space, you can discover hundreds of first-hand accounts, artefacts and documents, as well as a unique panoramic view over Ouessant and Brest harbour.

Route de la pointe Saint Mathieu
Le Prédic
29217 **Plougonvelin**
T +33 (0)2 29 02 84 56
www.museememoires39-45.fr

Open 7 days a week 1st Apr-11th Nov 10am-6.30pm non-stop. Open daily in Christmas and autumn holidays except public holidays, 10am-6pm non-stop.
Entry Adult: €8.50 /
Children 6 to 16: €5.50







THE WOLF MUSEUM

Come learn all about the life of the wolf and the various traditions surrounding this fascinating and inspiring animal. The museum paints a complete picture of this mammal and predator, making it an unforgettable visit for all ages.

July-August: 2pm-6pm
April-Nov. (Sundays): 2pm-6pm
In school holidays:
as advertised by the museum
Adults €5 / Children €4

3 rue du Calvaire – 29410 **Le Cloître-St-Thégonnec**
T +33 (0)2 98 79 73 45

PRATICAL INFO

Open every day except Saturdays in summer.

ENTRY

Adult €8
Free under 18 yrs, demandeurs d'emploi, étudiant, personnes en situation de handicap sur présentation d'un justificatif..

4 rue du 9 août
29610 Plouigneau
T 02 98 79 85 80

EN VENTE DANS NOS OFFICES

Ker Dreger

PLOUIGNEAU'S ECOMUSEUM

THE TRAIL OF AGRICULTURAL REVOLUTIONS
In seven different areas, you can discover the (r)evolutions that have transformed agriculture. From prehistoric times up to the present day, farming and breeding techniques have continued to develop.

EXPLORE THE ECOMUSEUM
Continue your visit by exploring a Breton village, where you can relive the atmosphere of times gone by, moving from the farmhouse to the agricultural gallery, then on to the village trades and the school. You can even dare yourself to wear the dunce's cap!

ECOMUSEE-PLOUIGNEAU.BZH





EN VENTE DANS NOS OFFICES

MUSÉE RURAL DE GUIMAËC

ACCUEIL VÉLO

GUIMAËC

Rural Museum

The museum welcomes you and your family to Guimaëc in northern Finistère. It is a unique, authentic and friendly place. Take a trip back in time to a rural community before the 1960s. Over 2,000 objects trace rural life during the first half of the 20th century. The tour is guided by enthusiasts who share their memories and knowledge with visitors. A world without electricity, smartphones, television or cars! A must-see for today's children. Temporary exhibitions: April to June "Rural riches: Guimaëc's small and large heritage". July to September 'Back to the 1970s...', photographs by Pierre Le Gall.

- **From first Wed of Easter holidays to 30th June: Wed & Fri 2pm-5.30pm**
- **July & August: every day 2pm-5.30pm except Monday and Saturday**
- **September: Wed & Fri 2pm-5.30pm**
- **Group bookings taken all year.**

PRATICAL INFO

PRICES
– Adult €3
– 6 to 12 years old €2
– Free less than 6

Le Prajou
29620 Guimaëc
T +33 (0)2 57 68 24 99

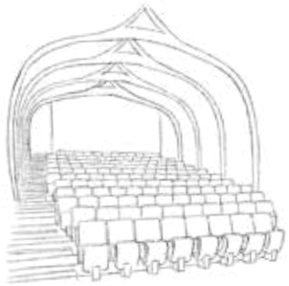




POUNDING THE PAVEMENTS – P. 44



STROLLING THROUGH THE TOWN – P. 48



CULTURE – P. 52

PAST

A very PRESENT



Pounding
THE PAVEMENTS

Morlaix and Guerlesquin are like open-air theatrical scenery. Stroll along the cobbled streets of these iconic towns and discover the architectural treasures dating from the 1400s to the 1500s.



Morlaix

MORLAIX, MORE TO SEE!

A viaduct, alleyways, timber-framed houses and Pondalez houses: all these treasures await as you wander between narrow streets and stone staircases. In Morlaix, you only need to look up to see the bell towers, terraced gardens and facades from another era. Even the smallest stone in a steep alleyway tells its own story. Be sure to stop at the port and the former warehouse, the Manufacture des Tabacs, now a major cultural centre. Take a breather by people-watching as you sip a drink in a pavement café enjoying the bustle of Morlaix life.

35 km of alleyway | **152 timber-framed houses**



LE VIADUC



LA MANUFACTURE DES TABACS



Guerlesquin

A SMALL TOWN FULL OF CHARACTER

Sitting in the foothills of the Arrée Mountains, at the entrance to the Armorique Regional Nature Park, Guerlesquin is a uniquely historical market town. Its three town squares are lined with beautiful houses and majestic monuments, a testament to bygone days of hosting fairs and markets. As you stroll through the historic centre, you can't miss the town's main architectural features, and there's a timeless feel as most of the structures, monuments and elegant dwellings have stood here for centuries. Guerlesquin is also famous for its quirky, lively events, including the world championship in Bouloù Pok (semi-circles of boxwood weighed down with lead) and the world championship in throwing standing stones!

35 km of hiking path



LA PRISON SEIGNEURIALE



LES HALLES

THE UNMISSABLE

Pondalez Houses

The Maison à Pondalez is a timber-framed house dating from the early 1500s, listed as an Historic Monument, restored from 1993 to 1997.

SCHEDULES AND RATES

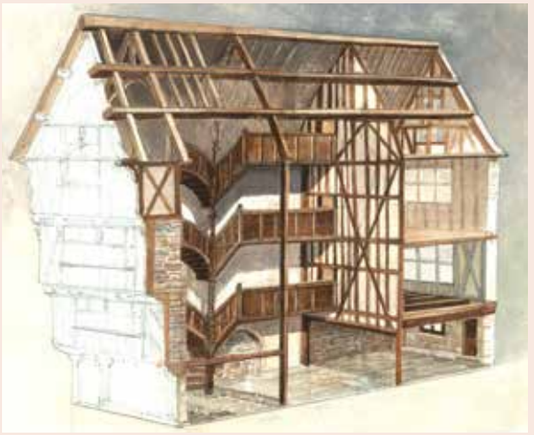
La Maison à Pondalez
9 Grand'rue
Contact auprès du Musée des Jacobins
T +33 (0)2 98 88 68 88

Visiting conditions available on the museum website. Guided tour of the Maison à Pondalez (information available at from the Morlaix Tourist Office). Charges apply.

La Maison de la Duchesse Anne
33 rue du Mur
T +33 (0)6 69 09 46 06
T +33 (0)2 98 88 23 26
duchesse.anne.morlaix@gmail.com
Open to the public from April to All Saints' Day. Information at Morlaix Tourist Office and on our website.
Price: €3 / reduced : €2.50 (12/18 yrs, students, disabled, on presentation of card) / free for children under 12.

A vast central space contains a monumental granite fireplace and a spiral staircase with wooden passageways serving the rooms on both the street and the courtyard: these features are particular to Morlaix. Morlaix has two exceptional examples of wooden spiral staircases, one in the house at 9 Grand'rue, the other in the Duchesse Anne house on Rue du Mur, both very well preserved. This corbelled house is a remarkable testimony to the golden age of the town of Morlaix, when aristocratic merchants made their fortunes from the linen trade, and created this architectural model, which can't be found anywhere else in the world. The Maison à Pondalez is also an exhibition space spread over 4 storeys, with a collection of works and objects relating to Morlaix's daily life, history and architecture.





WWW.BAIEDEMORLAIX.BZH

EN VENTE DANS NOS OFFICES

VISIT

MAISON PENANAULT

Maison Penanault is the starting point for your stay in Morlaix Bay, where the Tourist Office team on the first floor are ready to greet all visitors and locals in a welcoming setting. You can buy tickets for the main tourist sites, browse the shop and use free WiFi - a great way to kickstart your tailor-made trip!

PRATICAL INFO

Opening times of Tourist Office and exhibition spaces:
- Summer holidays: every day non-stop 10am-6pm
- Other months: Monday-Saturday + public holidays 10am-12.30pm / 2pm-5.30pm

PRICES FOR GUIDED VISITS OF LA MAISON PENANAULT

Guided visit: €4 for adults (Wednesdays and the last Saturday of the month, 10.30am and 2.30pm; July & August, every Wed. & Sat. 10.30am and 2.30pm).

10 place Charles de Gaulle - 29600 Morlaix – T +33 (0)2 98 62 14 94
informations@tourisme-morlaix.bzh > ticket office







UNUSUAL

Le Tunnel and Morlaix Arts Tour

EN VENTE DANS NOS OFFICES

Immersive street-art exhibition in a curious place!

'Obsidian, the legend of the Dragon' is the theme of this immersive street-art exhibition, set in an unusual and mysterious location! This is the first time the public will have access to Morlaix's funicular tunnel.
Urban exploration from a fresh perspective.
You'll also see several street-art works in the town and in many surrounding communes.

TREASURE HUNT

RAYMOND TROULEZ

There are 8 clues, 8 riddles through the city… To help you, Raymond Troulez has left an old, precious notebook in his suitcase. By reading his notes and sketches, you can criss-cross the town searching for the 8 clues, and each riddle tells the story of a Morlaix character from the past or the future! You'll meet Joseph Daumesnil, Brigitte de la Fontaine, Manu Mégaud and Monique, the little girl who survived the 1943 bombing.

Game available all year round from Tourist Offices.
Booklet: €2 - Recommended for children aged 6 and over.

THE UNMISSABLE

Discover Morlaix on foot

Between the alleyways and the viaduct, everything calls you to look at Morlaix from above.





From the Tourist Office, you can walk up to the viaduct built in 1863, an imposing structure spanning 292 metres and soaring 58 metres high, a key element in the city's economic revival. The first floor is open to the public and is an amazing spot from which to view the port and town centre, perfect for a few photos. After crossing the viaduct, the maze of alleyways leads you to the Château district and then to the neighbourhood of St-Mathieu.
Once here, climb a few more steps for a view over the rooftops of Morlaix. On Saturday mornings, Place Allende comes alive with the sounds and smells of the market (see p. 62), and while you're here, you could visit one of the Pondalez Houses near the square.



WALKS IN MORLAIX

2 circuits for exploring Morlaix on foot:
- the heart of the town (1 hr 30)
- the 3 hills (2 hrs 30).

Free brochure available from our Tourist Office.





TREASURE HUNT

THE ABGRALL MYSTERY

Become a detective and discover the heritage of Guerlesquin and Morlaix as you try to solve the Abgrall Mystery.

Erwann Abgrall - a wealthy eccentric from Brittany - has disappeared, leaving behind an immense fortune that seems to have a mysterious origin. Mr Braouzec, a solicitor from Rennes, has been asked to settle the estate of the deceased, and he certainly doesn't see cases like this every day! This case is particularly tricky:

Erwann Abgrall didn't leave a will or an heir, and although Mr Braouzec specialises in genealogical research, he has yet to track down any leads. Alone, as a pair or in a team, pick up your kit and put your wits to solving the riddles of this unusual treasure hunt.

Free game for 12+ yrs.
You can try this game at your own pace, 24/7 whenever you want.

Good luck!

Ask at reception in Morlaix and Guerlesquin or download the game booklet from our website

Wandering around the city

It's holiday time, so why not do a spot of shopping? Morlaix's shops are open all year round. You'll find several artisans and artists offering unique creations, 100% made in Morlaix Bay.



ATELIER LITHOPS
GALLERY - CERAMIC SHOP

In the very heart of Morlaix, you'll find a place dedicated to the arts of fire: a beautiful, bright gallery, adjoining a workshop for creating and sharing skills. Visit us to discover the diversity of contemporary ceramic creation. Seven craft workers and ceramic artists, a metal designer and a jeweller will share their worlds with you.

18 rue de Brest – 29600 **Morlaix**
T +33 (0)6 47 66 98 04



SISSI100FILS
BIJOUX

In the workshop-boutique, discover a collection of unique, feminine jewellery made by Sandrine, the designer of Sissi100fils bijoux. You'll also find other French creations such as soaps, candles and brooches.

Tuesday: 2.30 pm - 6.45 pm; Wed-Saturday 10.30 am - 12.30 pm / 2.30 pm - 6.45 pm

13 place Émile Souvestre - 29600 **Morlaix**
www.sissi100fils.com



AUX ÉTOFFES MORLAISIENNES

Located in the heart of Morlaix's historic centre at 20 Grand rue, Aux Étoffes Morlaisiennes was set up in 1992 and specialises in made-to-measure curtains. You'll also find fabrics in stock or made to order, curtains, coated cotton and more.

Open Tuesday to Saturday 10 am - 12 pm / 2 pm - 7 pm
20 Grand'rue - 29600 **Morlaix**
T +33 (0)2 98 88 05 67
www.aux-etoffes-morlaix.fr





KASHGAR

Located right in Morlaix centre, the Kashgar boutique offers a selection of fine grocery products, including teas, spices, chocolates and coffees chosen for their quality, finesse and flavour. Les Epices Roellinger, François Pralus chocolates and Babas de Saint-Malo are just some of the brands you can discover. Kashgar also has a selection of gifts and crockery carefully selected by our team. If you fancy a break, we'll be delighted to welcome you to our little tea room, where you can sample our teas, coffees and chocolates!

24 rue d'Aiguillon – 29600 **Morlaix**
T +33 (0)2 98 62 40 81

Open Tuesday-Friday 9.30 am - 12.30 pm / 2 pm - 6.30 pm. Saturday 9.30 am - 1 pm / 2 pm - 6 pm.



MONOPRIX

Here, we offer a wide range of textiles: Bout'chou for babies, Monoprix Kids for children, women's and men's clothing and lingerie as well as make-up, perfume, home and leisure and stationery departments.

Monday: 9.30 am - 12 am / 2.15 pm - 7 pm
Tues-Fri: 9.30 am - 7 pm
Saturday: 9.15 am - 7 pm.

5 rue d'Aiguillon – 29600 **Morlaix**
T +33 (0)2 98 88 00 63



ATTITUDE

Discover a 250 m² space where every taste is catered for in women's and men's fashion. From iconic Levi's jeans and Lacoste polo shirts to Mat de Misaine striped tops, Harris Wilson jumpers and Oxbow men's swimwear. Come and discover the casual universe at Attitude in Morlaix!

Opening hours: Monday 2 pm - 7 pm; Tuesday to Saturday: 9.30 am - 12.30 pm / 1.30 pm - 7 pm. Open all day during summer.
14 rue d'Aiguillon - 29600 **Morlaix**



TBS
FRENCH FOOTWEAR AND TEXTILES BRAND

Come to our boutique in Morlaix town centre and discover a textile collection designed for active men and women, as well as the iconic 'marinières' trainers for comfortable feet. TBS is all about walking, sailing and moving, and getting involved while reducing our environmental impact.

Opening hours: Tuesday to Saturday 10 am - 12.30 pm / 2 pm - 7 pm. Opening hours change in summer.
11 Grand'rue - 29600 **Morlaix**

[Studio Chambre 27]
Studio et labo photographique

CHAMBRE 27

Chambre 27 photo studio produces your prints on classic and fine-art paper (exhibition prints), film development and standardised passport photos. We also offer photoshoots for portraits, irises, family photos and weddings, and introductory workshops open to everyone.

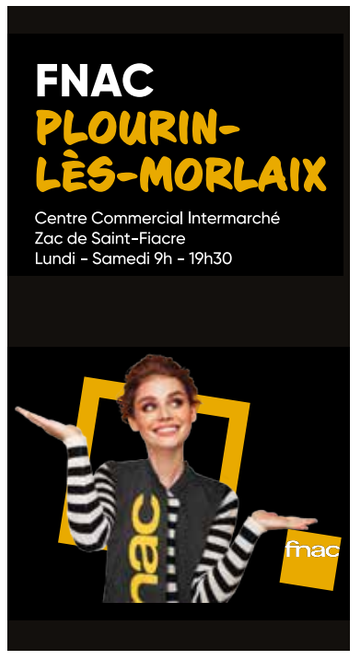
27 rue du Mur – 29600 **Morlaix**
T +33 (0)2 57 65 01 24
contact@chambre27.com
www.chambre27.com



OPTIQUE DENIS

Optique Denis has been welcoming clients for over 60 years. Following in the footsteps of Frédéric Denis, Erwan Éon and team are here to guide and advise you. We stock over 2,000 frames and 600 sunglasses, contact lenses, binoculars, telescopes and special equipment for all levels of visual impairment.

13 Grand'Rue - 29600 **Morlaix**
T +33 (0)2 98 88 07 32
www.optique-denis.com



STUDIO ANDRÉ

A must for photography enthusiasts, Studio André is a veritable institution that has stood at the foot of Morlaix viaduct since 1907. You can come to our shop to take your passport photos without an appointment, print off your holiday snaps or buy photo equipment. You can rely on the advice of professionals who are always ready to listen. Even better, all our work is carried out in our laboratory, which is also located in Morlaix centre.

22 Place des Otages
29600 **Morlaix**
T +33 (0)2 98 88 04 30
www.studioandre.fr

Open all year
Monday to Saturday
10 am - 12 pm / 2 pm - 7 pm







LA MAISON DES BULLES

COMICS - MANGA - YOUTH BOOKSHOP

Located in Morlaix's historic centre, La Maison des Bulles is a cosy, warm 90 m² space totally dedicated to the world of comics. Elsa and Mika can advise you on over 7,000 titles for adults and children alike, from Franco-Belgian comics to graphic novels, as well as comics from all over the world and special editions. As a member of the Canal BD network, the bookshop also offers statuettes, figurines, games and posters. We have a reading corner, a children's corner plus a tea and coffee area. And don't forget our events, workshops and regular appearances by numerous authors!

18 Grand Rue - 29600 **Morlaix**
T 09 78 80 95 85
lamaisondesbulles@canalbd.net
www.lamaisondesbulles.fr

Open non-stop
Monday (1 pm-7 pm), Tuesday to Thursday (10 am-7 pm), Friday (10 am-8 pm), Saturday (9 am-7 pm) plus Sundays in summer and December.

DIALOGUES BOOKSHOP MORLAIX

Right in the centre of Morlaix, between the Jacobins Museum and Place Allende, Dialogues occupies almost 500 m² of a former covered market space. The bookshop offers a wide selection of novels, books on travel and seafaring, comics, children's literature, books about Brittany, publications in Breton and English, thrillers, science fiction, practical guides, CDs, DVDs, drawing paper and pencils, as well as maps. A team of 8 qualified booksellers will welcome you and give you any advice you need.

Place du Dossen
29600 **Morlaix**
T +33 (0)2 98 15 10 60
www.dialoguesmorlaix.com

Open Monday-Saturday 9 am - 7 pm non-stop, and at La Manu Wednesday-Saturday 3 pm - 9 pm.



EN VENTE DANS NOS OFFICES

GUIDES TOURS

A huge choice for the curious

In Morlaix

- **Guided visits of Maison Penanault:** learn all about the history of this house and how it has evolved through the centuries, with a rare chance to see the unique woodwork right at the top of the tower.
- **Listen to tales of Morlaix:** uncover the surprising and seductive side of Morlaix as you explore the maze of streets and alleyways accompanied by a guide who is passionate about history.
- **La Manu:** discover the history of this iconic monument, its history as a tobacco factory, how it was transformed into a cultural centre, and its various spaces open to the public.
- **Morlaix Arts Tour:** as you meander around the town, track down the works of art that bring Morlaix's streets and façades to life.

In Guerlesquin, in summer

- **Guerlesquin, town of fairs and markets.** Step by step, learn about the unique history and architecture of Guerlesquin, all connected with its history as a host of fairs and markets, from the grain measure to the market halls and squares, and the merchants' houses.
- **Guerlesquin, between façades and jardins…** The town boasts a beautiful array of elegant residences facing the market squares. Beyond these, there are more hidden treasures such as gardens, alleyways and outbuildings.
- **A prison in Guerlesquin, what a strange idea!** While imagining the adventures of Chevalier Gaspard de Penhoët, children can explore the main sites of this historic market town step by step - ending up in the dungeon! Fun tour with quiz and games (only one date in the summer).

YOUR SUMMER GUIDED TOURS





DISCOVER MORLAIX BAY

With the locals!

Morlaix Bay's Greeters are locals who love their towns and villages, this land that is so familiar to them yet so unusual. They invite you to come and relax, accompanying them as they talk about the places they love, just as they would with friends. Whether you're chatting to Yvon, Jean-Pierre or Marie-Françoise, whether you prefer the coast, the country or the town, their knowledge and love of their hometown are sure to leave a lasting impression.

FIND OUT MORE
WWW.GREETERS.FR



POETRY IS DISASTER

'Poetry is disaster' is the workshop-gallery of contemporary art from French-Canadian artist, poet and scientist Mike Schertzer. Here, his creative universe unfolds before your very eyes: books, paintings, art-object books, artist's books, collages and 3D collages.

33 place Général de Gaulle – 29600 **Morlaix**
T +33 (0)6 33 07 40 54
poetryisdisaster.com
poetryisdisaster.com@gmail.com



RÉJANE LOUIN GALLERY

Founded in 2008 in the heart of Locquirec, Galerie Réjane Louin organises 4 solo or themed exhibitions throughout the year, featuring emerging and established contemporary artists. The gallery is renowned for its demanding choices and its marked interest in works with ever-changing technicalities.

19 rue de l'église - 29241 **Locquirec**
www.galerierejanelouin.fr
rejane.louin@gmail.com
T +33 (0)2 98 79 36 57







The gardens of La Manu

This amazing place is a real must-see! Passionately tended and enhanced by artist-gardener Tiphaine Hameau, the gardens of La Manu are perched high above the town, revealing their secrets through guided walks in small groups or just as you stroll around. Special events and artist residencies are organised throughout the year.

Manufacture des tabacs
Morlaix

For more info:
www.baiedemorlaix.bzh



SEW

CINEMA, MUSIC, THEATRE

SEW (pronounced 'see-oo') is a new cultural hotspot in Morlaix, the flagship of the former tobacco factory's redevelopment, and it's already attracting a lot of attention! This atypical and ambitious facility has no equivalent in a town of similar size, and it was born from the union of La Salamandre (arthouse cinema), Wart (contemporary music) and the Théâtre de l'Entresort, now the Centre National pour la Création Adaptée (performing arts).
Its 5,500 m² includes an 800-seat auditorium, 3 rehearsal spaces for residencies and 3 cinemas with incredible architecture, all designed to be as flexible as possible and open to all kinds of encounters and disciplines.



SCIENCE CENTRE

What if understanding became an adventure? At this Science Centre, young and old alike can explore nine exhibitions about science and the industrial heritage of this former tobacco factory. In 2026, embark on the temporary exhibition 'Grande Vitesse', which reveals the secrets of the TGV high-speed train. Every week, visitors can enjoy added activities, guided tours and workshops, with the opportunity to share the joy of discovery.

Observe, experiment, get hands-on, and let yourself be surprised.

Manufacture des tabacs
42 quai du Léon - 29600 **Morlaix**

T +33 (0)2 98 15 29 27
Opening & pricing:
espace-sciences-morlaix.org

ARTS AREA

TREASURES. SELECTED HIGHLIGHTS FROM THE MUSEUM'S COLLECTION

What a joy it is to take another stroll past the works in the Musée des Jacobins collection. The choice of treasures was clear, faithfully reflecting the museum acquisition policy since it opened in 1887. Major and humble works alike stand side by side: great names in art history and lesser-known masters engage in dialogue. As a museum of art and history, it offers collections that are sometimes unusual, spanning everything from an Ankou encountering an Egyptian sarcophagus, to Belle-Île painted by John Peter Russell.

Manufacture des tabacs
42 quai du Léon - 29600 **Morlaix**
T 02 98 15 15 24

From 6 Dec 2025 to 20 Sept 2026
Prices and opening hours available on the website.





MAISON À PONDALEZ

DILASSER. BETWEEN EARTH AND SKY

To mark the centenary of painter François Dilasser's birth, a major retrospective of his work is being presented at ten venues in Brittany. The Maison à Pondalez is participating in this tribute by hosting the exhibition 'Between Earth and Sky'. In keeping with the building's unique, traditional architecture, the title evokes the ascent to the upper floors, but also Dilasser's work, with its allusions to landscapes (the Gardens series) and cosmic imagery (Stars, Planets).

Maison à Pondalez
9 Grand Rue - 29600 **Morlaix**
T +33 (0)2 98 88 68 88

Opening & pricing:
musee.ville.morlaix.fr/infos-pratiques



LA VIRGULE
CULTURAL CENTRE

La Virgule is a meeting place that blends artistic disciplines in an uninhibited, playful and immersive way. From breakfasts and Thursday games for senior citizens to nocturnal events and virtual reality, there's something for all ages and tastes, as well as spaces that are freely available so that everyone can design their own visit!

OPENING TIMES
Tues 12-8pm
Wed, Thurs, Fri 12-6.30pm
Saturday 10am-6.30pm
Group bookings welcome for Tuesdays, Wednesdays, Thursdays and Friday mornings.

9 Rue de Paris - 29600 **Morlaix**
T +33 (0)2 98 19 19 09



ESCAPE YOURSELF MORLAIX

Head to Saint-Martin-des-Champs just outside Morlaix and discover our 4 escape-game rooms and crime scene. In groups of 2 to 7 players, you'll have to use your observation skills and team spirit to complete your mission. Watch out, the clock is ticking! Will you manage to escape in time?

Every day: 10am-10.30pm by appointment.
Rue du Grand Launay
29600 **St-Martin-des-Champs**
T +33 (0)2 98 88 15 45

What shall we do if it rains?

EXPLORE a museum

La Maison Penanault, visitor centre for the heritage of Morlaix and nearby
→ P. 46

The curious staircases of la Maison à Pondalez
→ P. 45 and P. 53

La Maison de la Duchesse Anne
→ P. 45

Le Tunnel
→ P. 46

Arts Area
→ P. 53

Morlaix Science Centre
→ P. 53

La Virgule, third place
→ P. 54

Abbaye du Relec
→ P. 28

The Wolf Museum
→ P. 40

Ker Dreger, Plouigneau Ecomuseum
→ P. 41

Guimaëc Rural Museum
→ P. 41

Maritim Museum
→ P. 40

Aboukir Bay
→ P. 14

Find all the details of exhibitions, art galleries and craft workshops online at: www.baiedemorlaix.bzh

ENJOY a well-being pause
→ P. 32 to 35

Spa du Grand Hôtel des Bains in Locquirec
→ P. 33

Thalasso in Roscoff
→ P. 35

REDISCOVER the old stones

The unique architecture of Les maisons à Pondalez in Morlaix
→ P. 45 and P. 53

The historic market town of Guerlesquin
→ P. 44 et 51

Flamboyant Parish Churches and their granite monuments
→ P. 37 à 39

TREAT YOURSELF to a leisurely day

Cinemas in Morlaix and Carantec
→ P. 52

Hélioséane leisure centre in Plouigneau
→ P. 34

Leisure Centre for Pays de Morlaix
→ P. 34

Escape Yourself in St-Martin-des-Champs
→ P. 54

Laser Game and Bowling "Le Corsaire"
→ P. 79

Visit the chocolate-makers Grain de Sail and make your own chocolate bar!
→ P. 66

Happy Jungle in St-Martin-des-Champs

For food-lovers

Markets, gifts, local produce and culinary workshops
→ from p. 62

For the brave

If you've got the kit, brave the elements f or a refreshing walk in the rain!

HEAD OUT a little further

Visit the fish auction in Roscoff
→ P. 15

Le Casino de Plouescat
→ P. 77

Océanopolis
→ P. 57

WWII Memories Museum
→ P. 40

Distillerie Warenghem
→ P. 70

Distillerie Dourtan
→ P. 72

Sound-discovery Centre
→ P. 57

City Sport
→ P. 56

Heritage Trails of Finistère
→ P. 57

Site de Meneham
→ P. 56

FIND OUT MORE



T +33 (0)2 98 63 44 79
bhvmorlaix@gmail.com

4 Place de Viarmes
29600 **Morlaix**

OPENINNNG TIMES

Tuesday-Saturday: 10am-7pm

July & August: open 10am-7pm every day.

French and international stamps.

English spoken. Deutsch gesprochen.

LE BAISER DE L'HÔTEL DE VILLE

FRAMING - POSTERS - STATIONERY - GIFTS

Opened in 1988, the Baiser de l'Hôtel de Ville changed hands in 2022, so now Caroline and Denis welcome you and advise you on everything from the choice of cards to the framing of your favourite posters, whether standard or made-to-measure.

Stationery and small art supplies include a wide choice of paper, sketchbooks, Léonard brushes (made in Saint-Brieuc), Faber-Castell (drawing, watercolours, pastels, pencils), Hahnemühle, Paperblanks, Herbin inks, Clairefontaine, and Bleu Coquille and Monsieur Papier, two recent Breton stationery brands.

Posters: a wide choice of photographs, paintings and drawings. You'll love the works of many local artists, including Henri Rivière, Mathurin Méheut, Dantec, Alain Coadou, Jacques de Kerdrel, Sébastien Monteil and Jéronimo. Collections from Eor Glas Studio, La Loutre, Hortense, éditions Ephémère and more are also on the shelves.

As for gifts, brands Pomme Pidou and Pylones are sure to brighten things up.



For the whole family to enjoy,

NOT TOO FAR AWAY...

Leisure activities for all the family,
just a stone's throw from Morlaix Bay...



MENEHAM

Discover this listed site, nestled among the stunning granite rocks of the Côte des Légendes. Once the village of farmers, fishermen and seaweed gatherers, Meneham has been restored and is now open to visitors all year round, offering museum spaces, craft workshops, a bistro, gîte and shop selling local products. Particular highlights through spring, summer and autumn include the pumpkins arriving in Meneham, and Christmas festivities. The site offers various cultural, sporting and gourmet activities, all just a stone's throw from the magnificent beaches of the Côte des Légendes.

Site de Meneham
29 890 **Kerlouan**
T 02 98 83 95 63
www.meneham.bzh

May to Sept: every day, 11 am to 1 pm / 2.30 pm to 6 pm (7 pm in July and August). Closed on 1 May.
April, October and school holidays: every day except Tuesday (except for events): 11 am to 1 pm / 2.30 pm - 5.30 pm. Closed on 25 Dec and 1 Jan.
Novto March: Fri and Sat, 11 am - 1pm / 2.30 pm - 5 pm; Sunday, 2.30 pm - 5 pm. Closed on 11 Nov.

CITY SPORT

City Sport is a unique multi-sports complex, offering indoor football, squash and climbing known as 'bouldering' in the largest climbing hall in the Côtes d'Armor, with a climbing surface of over 350 m² plus trampolining on a 150 m² structure with unique shapes. We also have 4 courts for padel, a fun mix of tennis and squash that is Spain's No. 1 racket sport. And on top of that, from spring 2024, you can use our 3x3 basketball court. To reward your efforts, enjoy our brand new bar area, then gather your energy for the next round!

ZA Bel Air - Route de Morlaix
22300 **Lannion**
T +33 (0)2 96 45 52 17
www.city-sport.fr

Open 365 days a year.
Monday-Friday 12-9pm.
Saturday 10am-7pm.
Sunday 10am-5pm.



OCÉANOPOLIS BREST

LET'S CHANGE OUR VIEW OF THE OCEAN

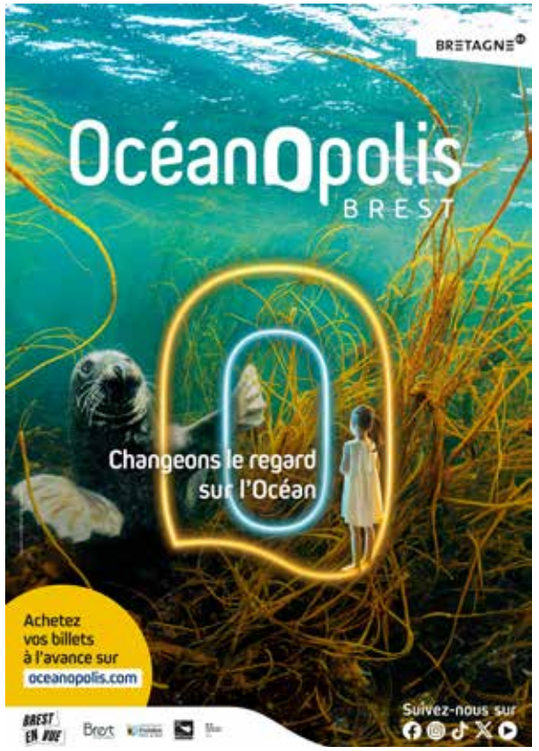
Océanopolis Brest is the National Centre for Scientific Culture dedicated to the ocean, a unique place in Europe for sharing knowledge so we can understand the planet's different marine ecosystems and better preserve them. In 2026, Océanopolis is undergoing a complete transformation (the Tropical and Southern Hemisphere pavilions are being renovated) but remains open at a special rate and offers a revamped programme of activities based around its aquariums, events and guided tours. Come and (re)discover the Brittany pavilion, the otter trail, the Océanolab research laboratory, the new interactive City of Oceanauts - fun for the whole family - plus four new themed gardens of botanical interest. Reopening for summer 2026.

Prices, opening hours and areas to visit at oceanopolis.com.

Buy your tickets online in advance to guarantee access to the site.

Shop and restaurant on site.

Port de Plaisance du Moulin Blanc
29200 **Brest**





SOUND DISCOVERY CENTRE

This unusual leisure park surrounded by greenery is just 10 minutes from Lannion. Discover a whole range of fun and original activities, have fun with sounds and learn to listen thanks to a musical trail, a garden in the shape of an ear and listening huts.

From 05/04-01/11, all school holidays, Sundays and public holidays not in holiday time 1pm-7.30pm.
Kerouspic - 22140 **Cavan**
T +33 (0)2 96 54 61 99



RIMAT ASSOCIATION

RIMAT breathes life into early music throughout the Trégor region, and has a national reputation. The *European Early Music Days* in March, the *Printemps de Lanvellec* in May, the *Déambulations Baroques* in the summer and the *Festival de Lanvellec* in October bring the region's architectural heritage to life throughout the year.

Salle Steredenn, Rue du Château
22420 **Lanvellec**
T +33 (0)2 96 35 13 72
billetterie.rimat@orange.fr
www.festival-lanvellec.fr



FINISTÈRE COUNCIL ESTATES AND MUSEUMS

Discover the treasures of Finistère's heritage. Castles, museums, parks and abbeys welcome you to explore unique sites, admire rare collections, stroll through remarkable gardens and enjoy lively experiences for the whole family.

Find practical info, opening times and entry fees on our website www.cdp29.fr.

EN VENTE DANS NOS OFFICES

ACTIVITIES

for the whole family

Hooray for family holidays! Morlaix Bay is a wonderful playground for holidays with children. Here are some of the activities on offer, based on the age of your children.

FIND OUT MORE

AGED 3 AND OVER

Beaches to conquer
The beach is a fabulous space for letting a youngster's imagination run riot: just a bucket and a spade and they can build their own kingdom! Indulge as much as you like.
→ FREE

Écopark Adventures de Penzé
ALSO FOR THE YOUNGSTERS!
You might think that tarzan-style tree-top trails are only for thrill-seekers, but the Écopark de Penzé has a mini park for little ones aged 3 and over. The activities are just like those for the bigger kids, but they're 30cm from the ground and totally safe. → P. 29

Bike hire
Trailers (from age 2) can seat 1 or 2 young children, and are attached to an adult's bike. Children's bike seats are also available for bike rides. → P. 25

Hélioséane Pool and Aquazon
Enjoy the heated pools and be with your youngsters as they discover the water, or enjoy splashing around in the paddling pools and games. → P. 34

Espace aquatique du Pays de Morlaix
Large pool, leisure pool, paddling pool, slide, wellness area. Ideal for the whole family. → P. 34

Happy Jungle
Indoor playground for children up to age 12 in Saint-Martin-des-Champs.

Carousel and kids' games
All the fun of the fair thanks to the carousel and games at Au Paradis des Enfants in Kelenn, Carantec. → P. 40

Pony rides
For age 2 upwards, bring your children to meet the ponies and enjoy a pony ride, guided by their parents and accompanied by a supervisor. From age 4, they can start to ride a pony, and feel that they're horse-riding like the grown-ups. → P. 31

La Combe aux ânes
Visit the petting farm and ride the donkeys. → P. 31

Le Jardin des Mers
This club is a great way for youngsters aged 3 to 5 to get a taste of watersports, guided by the professional, sailing-school instructors of Plougasnou, Carantec or for those aged 4 to 6 at the club in Locquirec. → P. 16, 17 et 18

Kelenn Beach Club
Open in July and August for children aged 3 to 14. Please book ahead. → P. 16

La Virgule
In a quirky building, this new cultural spot is free, friendly and open to everyone, offering social spaces and artistic discoveries. La Virgule offers a variety of events all year round. → P. 54

Place aux Mômes
This kids' festival is the summer hotspot for youngsters, offering high-quality dance, music, theatre and madcap shows that are great fun: Mondays in Plougasnou, Thursdays in Carantec and Fridays in Locquirec, from mid-July to mid-August. → FREE

Storytelling walks and nature outings
In Botmeur, the club Addes offers guided, themed walks all year round, to suit all ages and all tastes. → P. 27

AGED 6 AND OVER

Shellfish hunting
GRAB YOUR WELLIES!
Equipped with a bucket and fishing net, wait for low tide and you're off! Track down crabs and winkles in the rock pools, or on the sand, hunt for cockles, clams and razor clams.
→ FREE P. 8 et 9

One-day adventurers
IT'S LIKE ALCATRAZ!
From Plougasnou or Carantec, you can set sail for the offshore prison, Château du Taureau! Crossings from April to late September, tickets from the Tourist Offices.
→ P. 19

Morlaix Science Zone
The Espace des Sciences takes you on a journey of science, heritage and knowledge. → P. 53

Les Vagabonds de la Baie,
AN UNFORGETTABLE TRIP
Set off on an adventure from Carantec, Morlaix or Plougasnou: aboard an rigid inflatable boat, you'll get right up close to the coast and the offshore riches of Morlaix Bay. → P. 20

Les Danseurs du Roc
Cliff and indoor climbing, canyon'île. Adventure, conviviality and sharing. → P. 29

On your horse and giddy up!
An introduction to horse riding. → P. 31

Ker Dreger, Ecomuseum in Plouigneau
Do you fancy stepping back in time? This ecomuseum in an old farmhouse in the village will show you how family life evolved in the countryside, combining tradition with the ingenuity of their elders. → P. 41

Guimaëc Rural Museum
Discover more than 2,000 artefacts. → P. 41

A family cinema experience
L'Étoile (Carantec, +33 (0)9 72 98 20 57), La Salamandre (Morlaix, +33 (0)2 98 62 15 14) and Cinéville (Morlaix, +33 (0)2 52 75 00 35) regularly offer films for young audiences.

'Get Outdoors' rucksack
AT THE ABBAYE DU RELEC
Your rucksack is full of useful little tools that will help you to discover nature and heritage in a new way. A fun, multi-stage family trail around Le Relec Abbey in Plounéour-Ménez.
→ P. 28

Oyster farm tours
Find out all about oysters and even taste a few! Free booklet including onsite game. → P. 13

Wolf Museum
IN THE ARRÉE MOUNTAINS
Don't be fooled by the myth of the Big Bad Wolf: Get to know this fascinating animal by following an original trail that mixes education and interactivity. → P. 41

Try out surfing
Several surfing schools in Morlaix Bay offer the chance to try out the joys of surfing. → P. 16, 17 et 18

Learn to surf or paddle-board,
TAKE TO THE WAVES!
Children will surprise you with their innate sense of balance, quickly gaining confidence and playing with the waves.
→ P. 16, 17 et 18

Back to sailing school!
Are your kids clamouring to slip on a lifejacket and take to the waves? Head to the sailing school for a course in a catamaran or optimist dinghy and try your hand at sailing in complete safety. → P. 16, 17 et 19

Arts Area
Discover the treasures of the Morlaix Museum → P. 53

Maritim Museum
Discover the maritime history of Morlaix Bay → P. 40

Free Raymond Troulez!
A game for all the family, and an excellent excuse to discover Morlaix's heritage in a fun way. → P. 46

Écopark Adventures in Penzé,
TREETOP ADVENTURES!
→ P. 29

AGED 10 AND OVER

The Vélodyssée Green Way
Come and enjoy a family bike ride in a safe setting on the Green Way between Morlaix and Carhaix.
You can hire bikes from our Tourist Offices. → P. 25

Take on the highest peaks
IN BRITTANY
Over 200 km of trails between sunken lanes and steep ridges, to enjoy the great outdoors. Mountain bikes for hire, ask for details at our Tourist Offices. P. 25 E-bike tour
Explore Morlaix Bay on a 100% electric all-terrain bike. → P. 25

Tennis-court hire
Both Carantec and Plougasnou Tourist Offices offer tennis court hire. → P. 20 et 79

A family visit to the Cairn
Take a family-friendly trip back to the Ice Age and the time of reindeer hunting! → P. 7

Aboukir Bay
Virtual reality scuba diving → P. 14

Le Corsaire Bowling and Laser Quest
12 bowling lanes to entertain all ages, or try out the Lasergame (aged 8 and over). → P. 79

Family Geocaching
More than 100 caches are hidden in Morlaix Bay. Visit geocaching.com!

Escape Yourself
Come and discover our 4 escape-game rooms in Morlaix. → P. 54

The Abgrall Mystery
in Morlaix and Guerlesquin, a free treasure hunt to download online, open to children aged 12 and over. → P. 47

The investigations of Anne Korrgan
A treasure hunt that starts from the Abbaye du Relec in the Arrée Mountains. → P. 27

FOR PLAY AREAS AND SKATEPARKS, FIND ALL THE INFO ON OUR WEBSITE



MARKETS AND OTHER TREATS – P. 62



APERITIFS - YEC'HED MAD! – P. 68



SOUVENIR GIFTS AND USEFUL ADDRESSES – P. 74

Guilty PLEASURES



BOULANGERIE DU ROUDOUR

A treat at the entrance to the Arrée Mountains! Speciality breads, pastries and cakes lovingly made on site using traditional methods and seasonal produce. You can also find a huge range of sweet treats and chocolates. And if you fancy some breakfast, a snack or a hot drink, we also have a tearoom with outdoor seating area.

Open daily from 7.30 am to 1 pm and 3.30 pm to 7 pm, Sundays from 7 am to 1 pm, closed on Tuesdays.

Centre C[ial] Roudour - 29650 **Guerlesquin**

Soak up the atmosphere of the markets

Throughout the year, our towns live to the rhythm of regular markets. These are often unmissable highlights, the chance for visitors to meet local producers.

MONDAY
→ Guerlesquin, marché alimentaire 8h - 13h, animations en été

TUESDAY
→ Plougasnou, 8h - 13h, place de l'église
→ Plourin-lès-Morlaix, 9h - 12h30, sur la place de la Mairie
→ Pleyber-Christ 16h30 - 19h30, place de l'église

WEDNESDAY
→ Locquirec 8h - 13h, sur le port
impaire de chaque mois, place Guével

THURSDAY
→ Carantec 8h - 13h, en centre-ville
→ Saint-Jean-du-Doigt 8h - 12h30, place du bourg
→ Plouigneau 9h - 12h30, place du Gén. de Gaulle
→ Guimaëc 17h30 - 19h30, place du bourg

FRIDAY
→ Lanmeur 8 h - 13 h, place Tanguy Prigent
→ Pleyber-Christ 8h - 12h30 en semaine
→ Plounéour-Ménez 17h - 19h30 à Ty Grean.
→ Plouezoc'h 17h - 19h à la Ferme du Troglo.

SATURDAY
→ Morlaix, grand marché alimentaire place Allende jusqu'à 13h30, habillement et artisanat place des Otages toute la journée.

SUNDAY
→ St-Martin-des-Champs 8h30 - 13h30, place de la Mairie





MARKET AT LA FERME DU TROGLO

A FARMERS' MARKET OF ORGANIC, LOCAL AND SEASONAL PRODUCTS

All year long, in a friendly atmosphere just a stone's throw from the sea, come and discover local produce including meat from free-range sheep and pigs at the Troglo farm. Less than 1% of French pigs are free range and our animals can be seen on site. Organic seasonal vegetables, bread from a wood-fired oven, crêpe rolls, buckwheat pancakes, home-made pastries, apple juice, cider, cider vinegar, home-made pizzas, craft mustards, and other guest stalls throughout the year!

Kerfenefas – 29252 **Plouezoc'h**
www.fermedutroglo.bzh
T +33 (0)6 59 19 19 58

Open Fridays 5-7pm all year with refreshments stand.
Wednesdays 5pm-7pm in summer (see website for dates), no refreshments.

MARKET KIT

100% SUSTAINABLE



A PRACTICAL TROLLEY, A LIGHTER BASKET, REUSABLE JARS AND BAGS, AN EMPTY EGG BOX AND BOTTLES READY TO FILL!



TOP 5

COOKERY BOOKS

1. Un certain goût de la Bretagne, Nicolas Carro

2. Le dictionnaire de la Baie de Morlaix, 25 recettes du chef Jeremy Calvez

3. Algues gourmandes, Régine Queva et Catherine Le Joncour

4. Saour : saveurs bretonnes, Domitille et Michel Langot

5. Le Grand Festin, 24 recettes illustrées, par 24 dessinateurs bretons



HAY IN THE HOOVES

FRESH PRODUCE RIGHT OFF THE FARM!

Fresh dairy products, different cheeses, chicken, pork and charcuterie from the organic farm are available in the onsite shop. You'll also find organic products from local producers: bread, honey, vegetables, fruit, beer, cider, flour, tea and groceries.

Open Fri 9am-7pm / Sat 9am-12.30pm / Mon 9am-12.30pm and 4pm-7pm / Tues 4pm-7pm.
ZA du Roudour - Hent Ar Falc'herien
29650 **Guerlesquin**
contact@dfdls.fr - T +33 (0)2 98 67 55 01



BOULANGERIE CANEVET

Since 1986, the Canevet bakery has been making 100% organic flours, pure natural sourdough breads and delicacies. Try our products and learn about our approach at our Saint-Thégonnec shop, at Morlaix market on Saturday mornings, and other local shops.

Open Monday to Friday 9.30am-6.30pm.
ZI La Gare (direction Sizun)
St-Thégonnec Loc-Éguiner
T +33 (0)2 98 78 08 76 - www.canevet.bio



SUNSHINE CHOCOLATS

Bite into a brand-new chocolate made in Morlaix. This organic, fair-trade, super-tasty chocolate will revolutionise the living conditions of chocolate producers. What's it all about? Thanks to our innovative solar cocoa bean roasters, which we'll be installing right on the edge of the fields!

Buy direct: Monday to Friday, 8am-5.30pm.
1 rue du Menguen
29600 **Plourin-lès-Morlaix**
T +33 (0)2 56 36 98 62
www.sunshinechocolats.fr

RECIPES

BRETON CRÊPES!

INGREDIENTS

For two dozen sweet crêpes

500g plain flour plus,
1 tablespoon of buckwheat flour (optional),
175g of sugar,
a pinch of salt,
5 eggs,
1 litre of milk.

For savoury crêpes (galettes):

500g buckwheat/sarrasin flour,
4 tablespoons of plain flour,
a pinch of salt and pepper,
2 eggs,
1 litre of water.

1. In a large mixing bowl, mix the ingredients in order. Add the liquid gradually as the batter thickens. The batter should be smooth without any lumps. If possible, leave the batter to rest for a few hours.
2. For authentic crêpes, you'd use a 'bilig' Breton hotplate and a wooden 'rozell' to spread the batter, but you can simply use a shallow frying pan and a spatula.

Sweet treats

Indulge yourself - a holiday in Morlaix Bay isn't complete until you've tasted some of our local specialities!



KERVEN CHOCOLATE AND SWEET SHOP

An unusual workshop-boutique tucked in the countryside of Saint-Thégonnec. Treat yourself to their refined and original products, including their famous single malt whisky ganaches.

Open Tuesday to Saturday, 2.30-7pm and mornings by appointment.

336 Kerwenn
29410 **Saint-Thégonnec Loc-Éguiner**
T +33 (0)2 98 69 09 71

Checklist for a sweet tooth

- **Crêpes** *Crêperie Les Embruns, Crêpes Cadiou*, etc.
- **Kouign Amann** de chez *Traon*
- **Chocolates** *Grain de Sail, Sunshine Chocolat* et *Kerven*
- **Brioches** de *Canevet*
- **Preserves** *des 4 Saisons*
- **Pastries** de chez *Giraud* et *Traon*



PÂTISSERIE TRAON

MASTER PASTRY CHEF-GLACIER-CHOCOLATIER

Speciality: Kouign-Amann (recommended by the Guide du Routard). Recipe unchanged for over 70 years.

Other Breton specialities: Far and Gâteau Breton.

A pâtisserie that combines tradition and modernity, offering a wide choice of delicious individual pastries and desserts.

24 place Cornic - 29600 **Morlaix**
T +33 (0)2 98 88 08 51

LES 4 SAISONS PRESERVES

Just outside Huelgoat woods, come and see where Les 4 Saisons jams and preserves are made.

Since 1988, we've been offering a range of products including traditional, organic and low-fat jams, plus delicacies such as crème de caramel, lemon cream and accompaniments for cheeses and foie gras.

In our shop, you'll get a warm welcome from Mélanie, Bérénice and Anaïs, who offer regional delicacies and delicatessen products, as well as decorations, books and crockery.

You can also create your own customised hampers of goodies.

Every first Saturday of the month, we offer special discounts in the shop. We organise four events a year: Carnival, Brittany Festival, Autumn Festival and Christmas events.

ZA du Vieux Tronc - 29690 **Poullaouen**
T +33 (0)2 98 99 06 60
boutique@confiture-4saisons.fr

Open Monday to Saturday
10 h - 12 h 30 / 14 h - 18 h 30.
www.confiture4saisons.bzh





CRÊPERIE CADIOU

If there is one place that the locals would not miss for all the world, it is Crêpes Cadiou in Saint-Martin-des-Champs.

Much more than just a place to eat, it is a veritable institution, renowned for the family recipe with its incomparable flavour. In the morning, open the door to witness the spectacle: the crêpe-makers are busy and the 'crêpe carousels' are running at full speed. Symbols of Breton know-how, these golden crêpes and 100% buckwheat galettes take shape before your very eyes.

Take them away for a treat at home or slip them into your luggage for the return journey. Crêpes Cadiou is a little piece of Brittany that you mustn't miss out on, so be sure to make time to visit!

Direct sales:
Mon to Fri,
9 am to 12 pm /
2 pm to 6 pm.

Rue du Grand Launay, **St-Martin-des-Champs**
T +33 (0)2 98 88 20 76
www.crepecadiou.com
contact@crepadiou.com





GRAIN DE SAIL

Chocolate, organic coffee, made in France and all using more environmentally-friendly shipping: that's us! Grain de Sail is a taste for adventure that combines ecology and indulgence. Come and visit our coffee-roasting boutique, the ideal place to discover our locally-roasted coffees and regional products - you can also try our fun, educational trail in our chocolate shop. Learn about the whole process from the bean to how chocolate bars are made - a glimpse behind the scenes! Take part in the 'Labo tablettes' workshop and personalise your own chocolate bar!

HQ & Roasting
4 route du bas de la rivière
Chocolate Shop
7 rue du Cosquer, Rond-point de la Vierge Noire - 29600 **Morlaix**
T +33 (0)2 98 62 40 91

Open: 9.30am-6.30pm
Visit the shop: €3 per person / Free up to 7 yrs.
Workshop + visit: €12 adults and 8+ yrs / €7.50 children 5-7 yrs.
Book in advance.

BIOCOOP COCCINELLE

Located in Saint-Martin-des-Champs, Biocoop Coccinelle offers a wide range of 100% organic products. You'll find seasonal fruit and vegetables, fresh produce and bulk-buys including food, hygiene and cleaning products.

The team will be delighted to serve you with fresh bread, cheese by the slice, cold cuts and delicatessen products, with an extensive range sure to set your mouth watering. At Biocoop, we favour local products produced within 150 km of the shop, from around a hundred local producers, and Fairtrade products from France and the North/South.

The shop is part of the Finisterra consumer cooperative, where every consumer can become a member and take part in an alternative system, participating in the AGM to have their say in the decisions of the company.



3 rue Marcelin Berthelot
ZA de Keriven
29600 **Saint-Martin-des-Champs**
T +33 (0)2 98 63 42 04

We are here to welcome you Monday-Saturday 9am-7pm.

Find out more on www.finisterra.fr





O'PANIER DES SAVEURS

MORE THAN JUST AN ORGANIC GROCERY SHOP IT'S AN ART OF LIVING!

Based in Lanmeur, this is an original concept, selling organic and local produce, fruit and vegetables, fresh products, groceries, bulk goods, organic bread and local beers. There's also a delicatessen section where you'll find local delicacies from our region. The 450 m² shop is an Aladdin's cave of delights!
You'll find a children's section, tableware, culinary accessories, postcards, Breton souvenirs, and everything you need for great holiday memories.

Make the most of your stay in the region to visit this warm and welcoming shop, brimming with products from our beautiful Brittany!

Open Monday to Saturday 9.30am-12.30pm and 2pm-7pm.

ZA de Kerangoff
(au rond-point à côté de Monsieur Bricolage)
29620 **Lanmeur**
T +33 (0)2 98 19 99 62

SELF-SERVE GROCERIES AT THE EPYCERY

Since opening in October 2024, Pierre and Yudith are here to welcome and advise you, offering a wide choice of unpackaged products. Their traditional self-serve items include rice, pasta, pulses, dried fruit, cereals, flours, oils and vinegars, cakes, savoury snacks, chocolate, coffee and tea, but you can also buy hygiene and cleaning products, local cosmetics, seasonal fruit and vegetables, drinks and spices.
Don't miss out on the delicious spreads made on site: fairtrade chocolate, caramelised cashew nuts and roasted hazelnuts, and we even have the classic Breton bowls with 'ears'.
Breton producers are a priority, 100% fairtrade, in the historic setting of the Vieille Maison at the foot of the iconic viaduct.





Tuesday to Friday 9.30am-7.30pm
Saturday 8.30am-6.30pm
Sunday 9am-1pm

27/28 Place des Otages
La Vieille Maison
29600 **Morlaix**
T +33 (0)2 98 63 98 27

Aperitifs Yec'hed mad

Yec'hed mad (pronounced 'Yermat') literally means 'health' in Breton, and here it's used to say 'Cheers!' In Morlaix Bay, there's always a good spot for a traditional aperitif, from lively bars and sunny beer gardens to legendary spots, you'll be spoilt for choice. Just follow the guide...

Please drink in moderation.



LA GRANGE VADROUILLE

La Grange Vadrouille is a bar/restaurant offering a wide range of concerts and activities throughout the summer. Our establishment, housed in a manor dating from the 1500s, has both indoor and outdoor areas. You'll always be greeted with a smile for a family get-together or festive celebration!

Open on event evenings throughout the year.
Open every day from 31 July to 16 August.
Porspoden - 22310 **Plestin-les-Grèves**
T +33 (0)6 24 03 70 82
www.lagrangevadrouille.fr





CAFÉ LE TEMPO

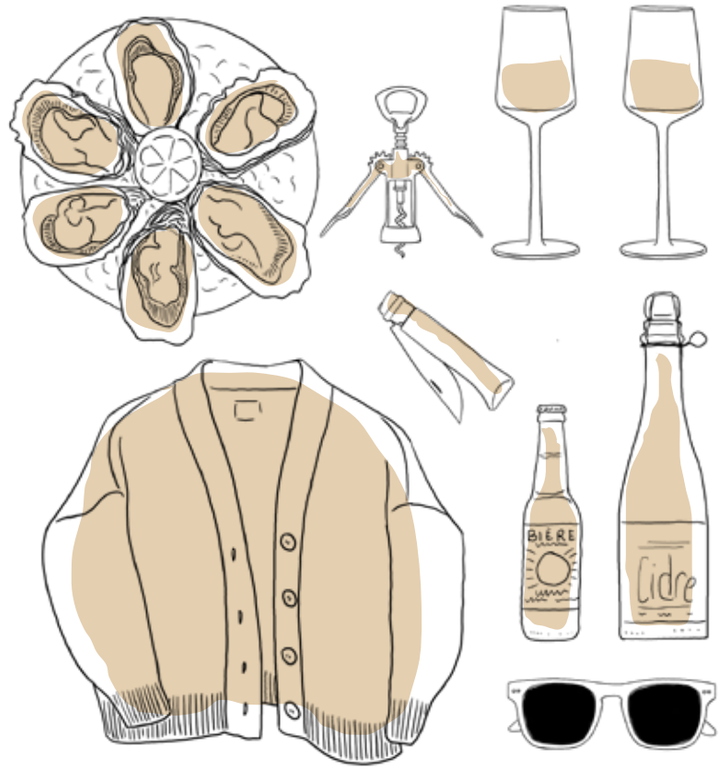
In a perfect spot on Morlaix harbour since 1988, this café is a must! At lunchtime, indulge in the dish of the day, a savoury crumble, a filling tart and one of our signature desserts. In the evening, there's a lively atmosphere perfect for a glass of organic or natural wine or a local beer accompanied by nibbles. Add a sunset on the terrace and you've got yourself a real treat! Lectures and concerts; new exhibitions every month.

Port de Plaisance
29600 **Morlaix**
T +33 (0)2 98 63 29 11

Open all year,
Monday to Friday 10am-1am,
Saturday 5pm-1am
and even longer if you wish...

KIT

YOUR APERITIF



A HEALTHY SERVING OF MORLAIX-BAY OYSTERS, A LOCAL TIPPLE, CORKSCREW, GLASSES, POCKET KNIFE, SUNGLASSES AND A PULLOVER IN CASE IT GETS CHILLY.



TOP 6

PLAYLIST WITH A MORLAIX FEEL

1. Mes racines, Renan Luce

2. Les Zazous, Brigitte Fontaine

3. La Banane, Philippe Katerine

4. Saint-Jean-du-Doigt, Thomas Fersen

5. Si bien du mal, Hervé

6. La symphonie des éclairs, Zaho de Sagazan



COREFF

Enjoy an immersive experience at the heart of the Coreff Brewery.

Discover the world of craft beer and the secrets of brewing through a friendly, interactive tour, followed by a tasting session.

Guided visits with tasting: all year round by appointment. July and August: tours by prior arrangement, Thursdays and Fridays at 11am.

2 Place de la Gare
29270 **Carhaix**
T 02 98 93 00 70
brasserie-coreff.com
contact@coreff.bzh

Boutik
– Monday to Friday 9.30 am to 12.30 pm and 1.30 pm to 5.30 pm
– Saturday 10 am to 5 pm.





CIDRERIE ARTISANALE DE COZMEZOU

Like many small farmers from Trégor, Erwan grew up watching cider being made on the family farm and he caught the bug for it from his grandfather. After gaining professional experience elsewhere, Erwan returned to the region to keep this local tradition alive, taking over the Cozmezou cider house in 2020. Since then, he has been developing new cuvées every year, working as naturally as possible on his 5 hectares of orchards. The orchards are at the foot of the cider house, so you can explore them during your visit (they are being converted to organic farming).
The entire production is on sale in the cider house shop.
If you book ahead, Erwan will be delighted to show you around during a tasting session of cider, lambig, pommeau, chouchenn and apple juice, with a tour of his cider house, including a film showing the stages of production.

Monday to Saturday 10am-7pm.

Visits all summer Thursdays 10.30am and Fridays 2.30pm, ask us for any other time slots.

Lieu dit Coz Mezou
29620 **Plouégat-Guérand**
Between Plestin-Les-Grèves and Lanmeur on the D786. Do NOT go via the village of Plouégat-Guérand to find the cider house!

T +33 (0)2 98 67 56 10
or +33 (0)6 71 46 05 69
contact@cozmezou.bzh



BRASSERIE 2B

Les Caves d'Armorique, wine merchants for 4 generations, and Brasserie 2B produce 100% Plougan organic craft beers.

Buy direct at the brasserie and from a network of professionals.
Visits and tastings available.

1 rue Mendès France – 29630 **Plougasnou**
T +33 (0)6 35 18 75 85
or +33 (0)2 98 67 30 07



BRASSERIE DA BEP LEC'H

A colourful building on the quayside, beers with slang names, colourful labels and three prankster brewers - there's no doubt you're at the Da Bep Lec'h brewery! Come and taste Tizbé (Pale Ale), Najkar (Stout) and Starpi (IPA), and the limited edition released every month! Guided tours in summer. Yeah!

Buy direct Wed, Thur, Fri 4pm-6.30pm.
Longer hours in summer, see Facebook.
14 all. St-François - 29600 **St-Martin-des-Champs**



DISTILLERIE ARMORIK WHISKY BRETON

Built in 1900 our distillery boasts more than a century of experience and craftsmanship. We distil Fine Bretagne AOC and Pommeau de Bretagne AOC with passion, as well as the Breton chouchen. Visit the distillery and take part in some amazing workshops!

www.armorik.bzh
Visits and tastings by appointment:
T +33 (0)2 96 37 00 08
Route de Guingamp - 22300 **Lannion**



Kervéguen • 29620 **Guimaëc**

T +33 (0)2 98 67 50 02
www.kerveguen.fr
eric.baron13@wanadoo.fr

DMS: 48° 39′ 58,946″ N
3° 41′ 28,564″ O
DD: Latitude 48.67
Longitude 3.69

This 16th-century cellar is open for visits April to September.

July: every day 10am-12.30pm / 2pm-6.30pm except Sundays and public holidays.

August: every day 10am-6.30pm except Sundays.

April, May, June, September: every day 10am-12pm / 2pm-6pm except Sundays and public holidays.

October to March: closed.

CIDRES DOMAINE DE KERVÉGUEN

Éric Baron set up the Domaine de Kerveguen cellars in 1993 in Guimaëc, near Locquirec. Starting from a long family tradition of farmers producing cider for their own consumption, he has added his own touch and techniques to produce ciders that just keep getting better.

Produced using organic methods, Kerveguen ciders are aged for six to eight months in oak barrels, giving them a woody, full-bodied flavour that leaves a thousand flavours on the palate. Each year, after the winter's fermentation process has been mastered, Éric Baron produces three cuvées, according to their natural residual sugar content: the mellow "Carpe Diem Prestige", the Brut, and the "Cuvée du paysan" for those who love rougher cider. Éric Baron's ciders can be found on the tables of many Michelin-starred chefs, and his expertise has been rewarded with the ultimate distinction: his Carpe Diem Prestige has been selected by the Elysée Palace since 1997!

Als Eric Baron im Jahr 1993 den Keller des Landguts Kervéguen gründete, folgte er damit einer sehr langen Tradition seiner Familie, in der man früher als Bauern seinen Cidre noch selbst herstellte.
Um seine Cidres geschmacklich zu vollenden, entwickelte Eric Baron seine eigene Technik.
Die Cidres von Kervéguen stammen aus biologischer Landwirtschaft und reifen sechs bis acht Monate in Eichenfässern, wodurch sie ihre einzigartige, holzige Note bekommen.
Der biologischer Cidre ist 1997 vom Elysée ausgezeichnet worden.
Kellerbesichtigung, Verkostung von Cidre, Apfelsaft, Pommeau Branntwein. Direktverkauf







CAVE DES JACOBINS

A small wine merchant full of character nestling in the heart of Morlaix, the Cave des Jacobins is a historic house that has been sharing its love of wine for 100 years. A warm, family atmosphere where you can discover a wide selection of wines produced organically and using natural winemaking methods.

Open Tuesday to Friday,
9am-12.15pm / 2pm-7.15pm
and Saturday 9am-1pm/2pm-7.30pm.

15 Place des Jacobins à **Morlaix**



VINS O MUR

Wine and spirits merchant in Morlaix's historic heart in an 18th-century house. For over 15 years we have been passionately selecting our wines as we discover them throughout our beautiful wine-growing region. In summer, enjoy a wine-bar concept, sitting around the barrels and enjoying lobster, oyster and tapas.

Open non-stop in summer Mon-Saturday

Place de Viarmes - 29600 **Morlaix**
T +33 (0)2 98 63 37 68
lesvinsomur.fr



DISTILLERIE DOURTAN

Dourtan distillery creates craft spirits in Plouescat, and its rums, gin, pastis and liqueurs are all included in the tour offered by Patrice and Jérémie. They share their expertise with you through guided visits and tastings, and will gladly discuss how they create these exceptional spirits.

4 Rue Charles Le Goffic - 29430 **Plouescat**
T +33 (0)7 49 55 54 06
contact@dourtan.bzh
www.dourtan.bzh

BAR DU LOUP

Located in the centre of Saint-Thégonnec, the Bar du Loup has a large room that can seat around 150 people. This lively bar offers a range of services: lottery, cigarettes and vapes, themed evenings, games, etc. Small restaurant on site.

Open Monday-Friday 7am-8pm,
Thursday until midnight, weekends
8am-10pm except for special events.
Opening times can vary during holidays.
2 Place de l'Église
29410 **Saint-Thégonnec Loc-Éguiner**
T +33 (0)2 98 79 86 49



MAISON BLEUE

A floral interlude in the heart of Morlaix. We are not just florists, we are MAISON BLEUE, passionate about all things beautiful and fresh.

Open Tuesday to Saturday
from 9.30 am to 7.30 pm
and Sunday from 10 am to 1 pm.

12 place des Otages - 29600 **Morlaix**
T +33 (0)6 66 02 86 58



LILI SUR LA FALAISE

Based in Locquirec, Lili sur la falaise is a concept store brimming with fabulous finds, many by local designers: originality, one-off pieces and limited editions are just some of the reasons why this place is an absolute must. Don't hold back - come and treat yourself!

Rue de Pors ar Villiec - 29241 **Locquirec**
T +33 (0)2 98 68 27 24



10 Grand Rue • 29600 **Morlaix**

T +33 (0)6 07 89 79 04
www.littlelittle-epicerie-morlaix.com
littleepicerie@outlook.com

Tuesday to Saturday
10.30 am to 7.30 pm

Sunday
11 am to 6.30 pm

LITTLE LITTLE ÉPICERIE

ASIAN GROCERY STORE - STATIONERY - ACCESSORIES

Little Little Épicerie is an independent Asian grocery store located in the historic heart of Morlaix. The shop offers a carefully selected range of authentic products, inviting you on a journey through the flavours, traditions and everyday life of several Asian countries. You will find a wide range of grocery products here including fragrant rice, noodles, spices, sauces, snacks, sweets, teas and exotic drinks.

Little Little Épicerie also offers stationery, tableware and small everyday accessories such as pens, notebooks, bags, key rings and decorative items, combining aesthetics, utility and Asian inspiration. We also offer K-beauty products, and a few recipe books to extend your culinary journey.

This is a welcoming shop, with a focus on advice and interaction. Behind Little Little Épicerie, Lili enthusiastically shares her passion for Asian culture and loves to guide her customers, whether they are dedicated foodies, curious or just passing through. This is an invitation to discover a glimpse of Asia in Morlaix, from gourmet food to culture and a way of life.





IN MORLAIX BAY

Free buses!

The public transport network is free for everyone throughout the Morlaix Communauté area. Several lines and shuttles are available all year round in Morlaix heading to Carantec, Plougasnou, Locquirec, Saint-Thégonnec, Guerlesquin and more. Then in summer, we add on seaside shuttles: in July and August, free buses go to and fro between the seaside resorts of Carantec, Plougasnou and Locquirec. Ideal for shopping trips or a lazy afternoon on the beach! The 'Lineolib' on-demand bus service complements the offering.

FIND OUT MORE
WWW.LINEOTIM.COM

ALLO BREIZH TAXI

Allo Breizh Taxi is a passenger transport company based in Morlaix and Roscoff. Our vehicles are available for all private and business travel in Morlaix and the surrounding area (stations, airports, ferries, etc.). We have two air-conditioned 7-seater MPVs, a luggage trailer, a bike carrier and a 9-seater minibus for group transport.

T +33 (0)2 98 15 13 34
or +33 (0)6 60 46 18 62
abt29@orange.fr
www.taxi-gare-morlaix.fr



TAXI DU DIBEN

Taxi du Diben is a licensed Plougasnou taxi driver. Denis offers all types of transport in Plougasnou and Morlaix Bay including the train station, airport, and ferry. The vehicle can take up to 8 passengers with luggage. I provide private and professional transport, as well as transport for touring hikers and events.

By appointment, as available.
T +33 (0)6 50 42 78 07

Useful addresses

Here you'll find some handy details for professionals who can help you during your stay. You'll also find 5 town maps available for free in our Tourist Offices and partner businesses.

L'INSTANT CONCIERGERIE

We transform holiday rentals into a simple and serene experience. Proximity, reliability and tailor-made services: we take care of your home or apartment as if it were our own.

As market experts, we strive to offer high-quality stays and guarantee satisfaction for your visitors. Whether you have a primary or secondary residence, live nearby or far away, we manage the maintenance and monitoring of your property for you. Passionate about our work, we offer a customised service based on relationships, listening and trust. Services: personalised assessment; tailor-made advice.

Available Monday to Saturday from 8 am to 7.30 pm on +33 (0)6 62 59 87 77
www.instant-conciergerie.bzh



SÉRÉNISSIME CARETAKING

Do you want to take advantage of the dynamic short-term rental market in Morlaix Bay?

Take care of your home?

Generate additional income?

We'd like to help you do just that.

T +33 (0)2 98 27 52 52
www.serenissime.bzh
jjboulanger@serenissime.bzh



GARAGE POUPON

Citroën Authorised Repairer, Maintenance of all makes, Mechanics - bodywork and paintwork Sales of new Citroën vehicles and used vehicles of all makes.

8.30am-12.15pm / 1.45-6pm
Closed Saturday and Sunday

41 rue François Charles
29630 **Plougasnou**
T +33 (0)2 98 67 30 38
citroen.plougasnou@orange.fr



GARAGE MIMOSAS

Thierry, Armelle and Alexandre welcome you to their family-run garage all year round. You can rely on their expertise to provide you with a fast, professional service. All makes of vehicles, all mechanical work (servicing, tyres, brakes, exhausts, oil changes, etc.), as well as electrical and electronic work and windscreen replacement.

ZA de Kervescontou - 29630 **Plougasnou**
T +33 (0)2 98 67 89 21

COQUIN FRÈRES

The dynamic team at Coquin Frères is on hand to look after your gardens and green spaces. Ready to advise you and offer solutions tailored to your needs: pruning, tree and hedge felling, landscaping, fencing, masonry and more. The company also provides a public works equipment hire service, sale of materials including mulch, aggregates, PVC, scrap metal and building materials. With a full range of products and supplies, they can help you with your projects from start to finish, while recommending practical, sustainable solutions for the upkeep of your outside spaces. Whether you're a local resident, holidaymaker or professional, call on their expertise!

8 rue de Kervescontou - 29630 **Plougasnou** - T +33 (0)2 98 67 83 84





RENAULT DACIA

MORLAIX BODEMERAUTO

At Renault Dacia Morlaix BodemerAuto, benefit from the expertise of our teams to discover and test drive a new Renault or Dacia. If you're looking for a second-hand vehicle, take advantage of our fleet of over 130 cars, including all makes, all available at the best prices. Make your life easier with our financing solutions, maintenance contracts and extended warranties. The after-sales workshop is on hand to take care of any mechanical and bodywork operations on your car. Our breakdown mechanic is on call 24 hours a day, 7 days a week to deal with breakdowns in the Morlaix area.

66 route de Paris
29600 **Morlaix**
T +33 (0)2 98 62 04 22

Open all year,
Monday-Friday 7.30am-12.15pm / 1.45-7pm.
Saturday 8am-12pm / 2-7pm.

FOND DE LA BAIE CAMPSITE

This municipal campsite is open all year round and enjoys an exceptional location, right by the water.
Chalets, caravans and cabins for hire for a stay or a stopover. Camper vans welcome, cyclists and hikers welcome in cabanétape.

Route de Plestin
29241 **Locquirec**
T +33 (0)2 98 67 40 85

contact@campinglocquirec.com
campinglocquirec.com





PARTOUCHE PLOUESCAT CASINO

This real entertainment venue is open all year round. Place your bet then relax at the Kernic Bistrot, where you'll be welcomed into a warm, friendly and relaxed atmosphere. Get caught up in the thrill of the game: video reels, video poker, progressive jackpots, and don't forget the electronic roulette and blackjack tables. The entire traditional games team is on hand to introduce you to the gaming tables. Place your bets!

100 rue de Brest
29430 **Plouescat**

T + 33 (0)2 98 69 63 41
casino-plouescat.partouche.com

LES JEUX D'ARGENT ET DE HASARD PEUVENT ÊTRE DANGEREUX : PERTES D'ARGENT, CONFLITS FAMILIAUX, ADDICTION... RETROUVEZ NOS CONSEILS SUR JOUEURS-INFO-SERVICE.FR (09 74 75 13 13 - APPEL NON SURTAXÉ)









Coworking

If you want to combine work and relaxation while on holiday, you can! Two new coworking spaces are available in Morlaix Bay:

Quai 5

COWORKING SPACE IN MORLAIX

Ideally located near Morlaix station, the brand new Quai 5 coworking space welcomes you all year round. Solo or shared offices, equipped workstations, meeting rooms and several shared spaces are all available in a welcoming atmosphere. A high-performance internet connection and turnkey services complete the picture. Why wait? Come on board!

Quai 5
1 rue du Poulfanc – Morlaix
+33 (0)2 98 15 32 12
quai5@agglo.morlaix.fr
www.quai5.bzh

Ar Presbital

SPACES FOR INSPIRATION, MEETINGS AND EXHIBITIONS IN LOCQUIREC

This centre has a number of spaces housed in the town's former Presbytery. In a cosy, warm and elegant atmosphere, you'll find partitioned offices and open-plan areas. There's also a meeting room for 6 people and an events room for 60. Take advantage of these fabulous spaces, all in easy reach of the sea!

Ar Presbital
21 rue de l'Eglise - Locquirec
+33 (0)7 85 78 93 09
arpresbital@locquirec.bzh
www.arpresbital.bzh

Gift vouchers

‘UNIQUE EXPERIENCES IN MORLAIX BAY’

What’s more valuable than memories? Our team can help you choose a gift voucher for an adrenaline rush, an emotional outing, a shared experience - all sorts of unique memories. Our partners have concocted a range of creative workshops and incredible adventures that you won’t find anywhere else. Why not take a peek?





Take the wind in your sails

WORKSHOP FOR MAKING BAGS AND POUCHES FROM SAILCLOTH IN PLOUEZOC’H

Come to Laurence’s sail loft by the sea to try a unique and authentic workshop. She will welcome you in and share her know-how and techniques.

Voilerie Jeandot
T +33 (0)6 33 87 63 39

Time to get hooked

READY TO DISCOVER THE ADVENTURE OF GAME FISHING IN THE PAYS DE MORLAIX?

Whether you're a beginner or an experienced angler, for a day or a half-day, discover fly fishing or seaside fishing. Thibaut Le Sceller - a qualified and passionate fishing instructor and guide - will take you to his secret fishing spots in and around Morlaix, on the river or by the sea!

Pesketa
T +33 (0)7 87 07 68 01
→ P. 15

On file le bon coton

SEWING DAY, ALONE OR PARENT-CHILD PAIRS IN PLOUGONVEN

During this workshop, Rozenn (aka La Bigarrée) will guide you through your project, whether it's clothing or decorative. Feel free to contact her for advice on your sewing project. Her aim is to offer you a space where you can learn to sew and meet other people.

Atelier La Bigarrée
T +33 (0)6 84 58 54 16

Offer a sea kayaking trip

OR A BICYCLE MECHANICS WORKSHOP!

Discover sea kayaking with Nicolas, an enthusiastic guide who will teach you how to navigate with confidence. Departing from Dourduff-en-Mer, Plougasnou or Saint-Jean-du-Doigt, enjoy kayaking at your own pace. Nicolas welcomes you to a workshop to discover bicycle mechanics. Bring your bike and learn how to maintain it properly.

Syab et Kayak de mer... au fil de l’estuaire
T 06 30 53 47 34
→ P. 16

UNIQUE EXPERIENCES IN MORLAIX BAY
ONLINE TICKETING

ON SALE IN OUR TOURIST OFFICES

Guided visits, boat trips, leisure and more: buy your tickets at the Tourist Office or from our online ticket office www.baiedemorlaix.bzh!

FIND OUT MORE



CHÂTEAU DU TAUREAU
Départ de Carantec et Plougasnou



VEDETTES DE L’ÎLE DE BATZ
Départs de Carantec, Plougasnou ou Locquirec



VAGABONDS DE LA BAIE
Départ de Carantec et Roscoff



OUESSANT, MOLÈNE, ÎLE DE SEIN
Avec Cie Penn Ar Bed



EXCURSION LES 7 ÎLES
Côte de Granit Rose



VEDETTES SIRÈNES
presqu’île de Crozon



OUESSANT, MOLÈNE, ÎLE DE SEIN
Avec Finist’Mer



LA BIGARRÉE
Atelier couture et plante
Plougonven



MAISON PENANAULT
Visite guidée



ESPACE DES SCIENCES MORLAIX



LE TUNNEL MORLAIX
Visite insolite street-art



MUSÉE RURAL DE GUIMAËC



KER DREGER, ÉCOMUSÉE DE PLOUIGNEAU



VISITES GUIDÉES & BALADES NATURE



CAIRN DE BARNENEZ



MUSÉE DU LOUP



LÉGUMES PROJECT
Maison d’interprétation
Saint-Pol-de-Léon



OCÉANOPOLIS BREST
Métamorphose de l’équipement en cours



VISITES OSTRÉICOLES
Carantec, Plougasnou et Plouezoc’h



LA COMBE AUX ÂNES
Lanvellec



LA RÉCRÉ DES 3 CURÉS



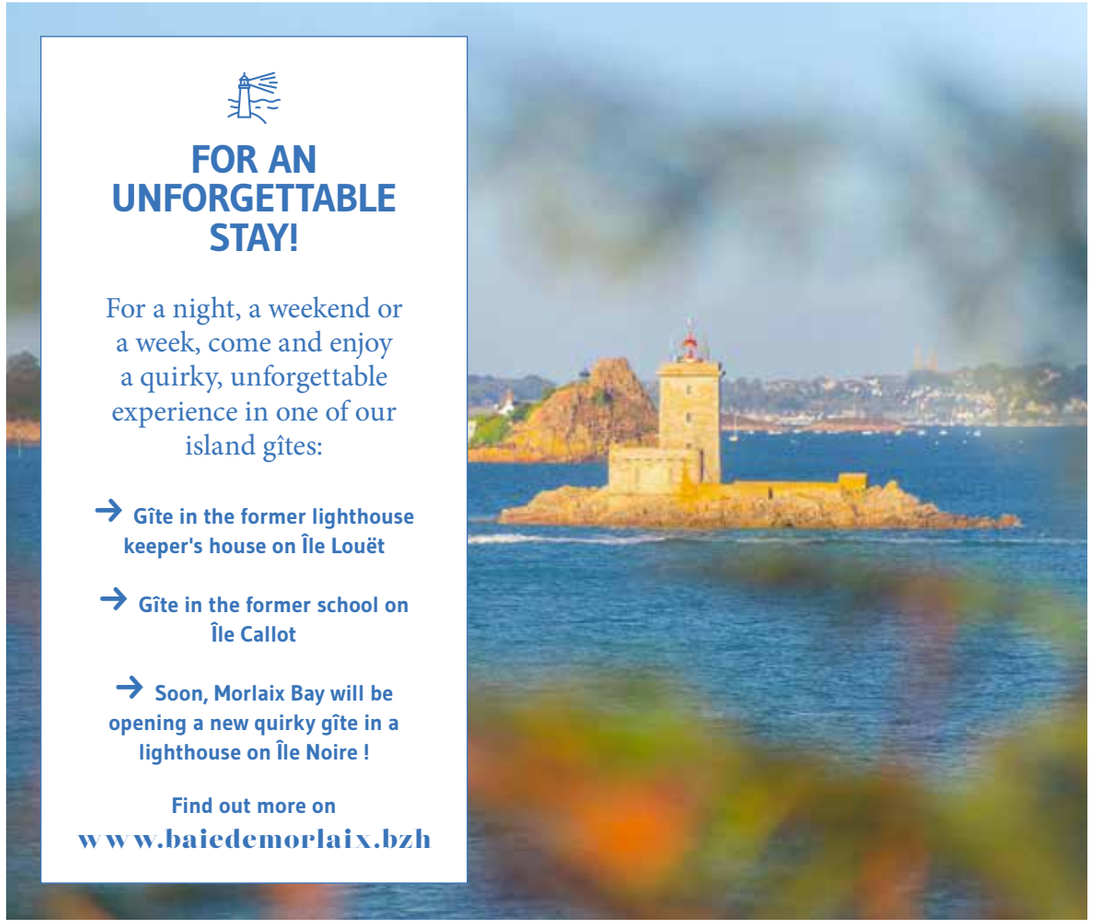
LOCATION DE VÉLOS
* le vélo adulte pour la ½ journée



LOCATION COURTS DE TENNIS



BOWLING LASER GAME



FOR AN UNFORGETTABLE STAY!

For a night, a weekend or a week, come and enjoy a quirky, unforgettable experience in one of our island gîtes:

- **Gîte in the former lighthouse keeper's house on Île Louët**
- **Gîte in the former school on Île Callot**
- **Soon, Morlaix Bay will be opening a new quirky gîte in a lighthouse on Île Noire !**

Find out more on
www.baiedemorlaix.bzh

FIND OUT MORE

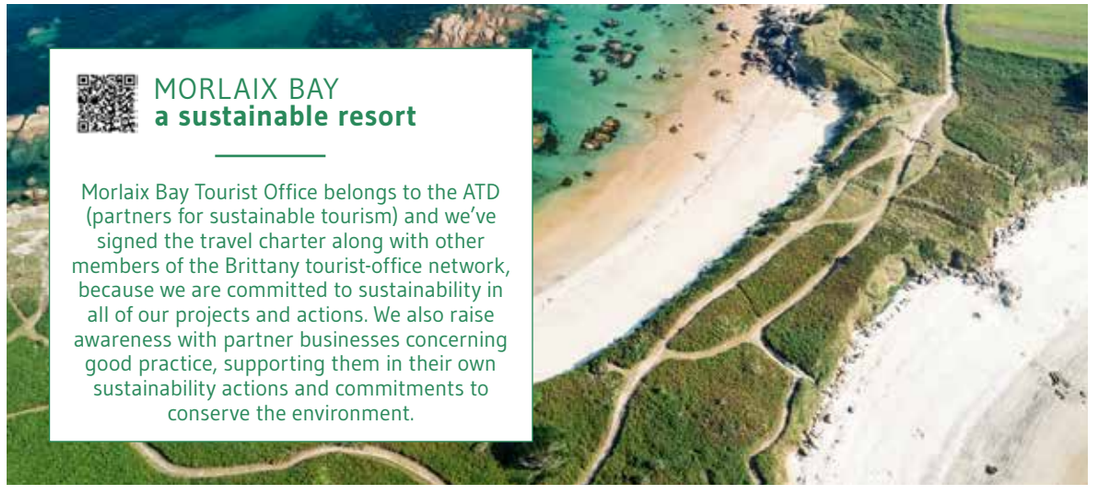
HOLIDAYS
FOR EVERYONE

Because we believe that everyone has the right to enjoy a holiday, the Tourist Office is committed to offering advice to help everyone find a place or activity to suit any level of disability, whether it's hearing, visual, mental or motor disability.



From accommodation and restaurants to leisure activities, visits, everyday services, beaches and outings, we have listed all the services with a Tourism & Handicap label along with sites that are accessible if you have a certain handicap.

Our team is on hand to listen and to help, before and during your stay, so you can live life to the full and enjoy a fantastic break!



MORLAIX BAY
a sustainable resort

Morlaix Bay Tourist Office belongs to the ATD (partners for sustainable tourism) and we've signed the travel charter along with other members of the Brittany tourist-office network, because we are committed to sustainability in all of our projects and actions. We also raise awareness with partner businesses concerning good practice, supporting them in their own sustainability actions and commitments to conserve the environment.



WHAT SHOULD YOU BRING BACK in your suitcase?

Find plenty of gift ideas in our Tourist Offices!

- **100% Morlaix Bay textile range including tea towels, pouches, bags, cushions, tote bags and baskets by Tissage de l'Ouest.**
- **A collection of books for everyone: heritage, art and history, children's books and more.**
- **Key rings, magnets, brooches, pencils and coins from Saint-Luc foundry.**
- **Guidebooks and other publications complete the range.**

From our TOURIST OFFICES

EVEN MORE INFO ON **WWW.BAIEDEMORLAIX.BZH**



Tourist Map
OF MORLAIX BAY



Maps
of Morlaix, Carantec, Plougasnou, Locquirec and Saint-Thégonnec



ACCOMODATION 2026



RESTAURANTS 2026



Trail & WALKS



Walks À MORLAIX

SITE WEB ALLEMAND

ENGLISH WEBSITE

Tourist offices

RECEPTION
SEASONAL OPENINGS
IN JULY AND AUGUST

GUERLESQUIN
Place du Présidial
29650 Guerlesquin
T +33(0)2 98 72 84 20
guerlesquin@tourisme-morlaix.bzh
Reception at the town hall during the off-season

PLEYBER-CHRIST
Salle d'exposition
Anne de Bretagne
T + 33(0)2 98 78 53 15

PLOUGONVEN
Près de l'enclos paroissial
T + 33(0)6 84 39 44 68

PLOUNÉOUR-MÉNEZ
Abbaye du Relec
T +33(0)2 98 78 05 97

MAISON PENANAULT
10 place Charles de Gaulle
29600 **Morlaix**
T +33(0)2 98 62 14 94
morlaix@tourisme-morlaix.bzh
All year round, Monday to Saturday and public holidays* 10 am to 12.30 pm and 2 pm to 5.30 pm. Summer holidays, open all day every day 10 am to 6 pm.

CARANTEC
3 place Simone Veil
29660 **Carantec**
T +33(0)2 98 67 00 43
carantec@tourisme-morlaix.bzh
All year round, Tuesday to Saturday 10 am - 12.30 pm / 2 pm - 5.30 pm *(also open on Mondays from April to June and in September)*, public holidays* 10 am - 1 pm. Summer holidays, open all day Monday to Saturday 10 am - 6 pm, Sundays and public holidays 10 am - 1 pm.

PLOUGASNOU
Place du Général Leclerc
29630 **Plougasnou**
T +33(0)2 98 67 35 46
plougasnou@tourisme-morlaix.bzh
All year round, Tues to Sat 10 am - 12.30 pm / 2 pm - 5.30 pm *(also open on Mondays from April to June and in Sept)*, public holidays* 10 am - 1 pm. Summer holidays, open all day Mon to Sat 10 am - 6 pm, Sun and public holidays 10 am - 1 pm.

LOCQUIREC
Rue de Pors ar Villiec
29241 **Locquirec**
T +33(0)2 98 67 40 83
locquirec@tourisme-morlaix.bzh
All year round, Tuesday to Saturday 10 am - 12.30 pm / 2 pm - 5.30 pm *(also open on Mondays from April to June and in September)*, public holidays* 10 am - 1 pm. In summer, open all day Monday to Saturday 10 am - 6 pm, Sundays and public holidays 10 am - 1 pm.
** Closed on 1 January, 1 May, 1 and 11 November, and 25 December.*

SAINT-THÉGONNEC
13 place de la Mairie
29410 **St Thégonnec Loc Eguiner**
T +33(0)2 98 79 67 80
stthegonnec@tourisme-morlaix.bzh
Open from April to October. From April to June and September to October, Monday to Friday 10 am to 12.30 pm / 2 pm to 5.30 pm. Summer holidays, Monday to Saturday 10 am to 1 pm / 2 pm to 5.30 pm. Open on public holidays during this period 10 am to 1 pm, except 1 May.

We'd love to hear from you

SCAN THIS CODE TO ANSWER OUR ONLINE SATISFACTION QUESTIONNAIRE!

OUR COMMITMENTS TO QUALITY
Morlaix Bay Tourist Office is fully focused on offering you a high-quality service. Awarded category 1 in the Qualité Tourisme brand, visitor satisfaction is at the heart of everything we do, before, during and after your visit.

FIND OUT MORE

Maquette: NorWest design, Morlaix • Rédaction des textes: Office de tourisme et Air Pur • Crédits photos: J. Jéhanin, A. Lamoureux, Y. Quéré, T. Poriel, E. Berthier, H. Ronné, A. Stapf, CRTB, Y. Le Gal, S. Boursier, JP. Gratien, Office de tourisme Baie de Morlaix, SEW, Studio Jeraquel, Daphane - CRT Bretagne, Morlaix Communauté ; Photo de couverture: Jérémy Jéhanin • Illustrations: NorWest design • Traduction: Annaliza Davis • Impression : Cloître Imprimeur, Saint-Thonan



How to get to Morlaix Bay

BY CAR
Take the **Océane motorway** (**A11-E50/A81**) from Paris to Rennes, then the **N12** from Rennes to Morlaix (toll-free motorway).
Paris: 540 km - approx. 5 h

From the south, **N165** from Nantes to Lorient, then axis **Lorient-Carhaix-Morlaix.**
Nantes: 300 km - approx. 3 h

BY TRAIN
Take the TGV Paris Montparnasse-Brest, stop at Morlaix Gare TGV
Morlaix is 3 hrs from Paris

BY PLANE
Airoport Brest Bretagne in Guipavas, 40 mins from Morlaix. Regular domestic and international flights.

GET HERE & GET AROUND

Partagez vos plus belles photos avec #baiedemorlaix

Partagez vos plus belles photos avec #baiedemorlaix

Welcome to Morlaix Bay

During your stay, you can find events listings, practical info and useful addresses on *www.baiedemorlaix.bzh*

FOLLOW US ON

Offices de Tourisme de France

BAIE DE MORLAIX

#PLOUGASNOU #LOCQUIREC #MONTSDARREE
#CARANTEC #MORLAIX BRETAGNE



Carantec



Locquirec



Morlaix



Plougasnou



Saint-Thégonnec



Guerlesquin



Château du Taureau, BAIE DE MORLAIX



Cairn de Barnenez, PLOUEZOC'H

À PLOURIN-LES-MORLAIX

VOTRE NOUVEAU CINÉMA



PYGMALION-Rennes

SALLES GRAND CONFORT • ÉCRANS GÉANTS
SON IMMERSIF • PROJECTION LASER 4K
SALLE PREMIUM

ORIUM PREMIUM CINEMA
DOLBY ATMOS
LASER 4K

Cineville.fr
Cinéville Morlaix